



1624 Barkway Road, Gravenhurst  
Ryde Community Co-operative Inc.

Working together in a co-operative way to be one voice and one community  
Visit us on the web at: [www.rydecommunityco-op.com](http://www.rydecommunityco-op.com) or [www.facebook.com/RydeCoop](http://www.facebook.com/RydeCoop)



### February Lunch and Learn

We had 100% attendance for our most recent *Lunch and Learn* despite the horrible weather that raged that day. It shows how intrepid our University of Ryde students are! While enjoying the lunch that Carrie from Summerland General Store provided, Karen Quemby from the Alzheimer's Society shared the latest research and documentation about dementia. Did you know that one of the best things you can do to prevent or delay Alzheimer's is to regularly engage in social activities and learn new skills? With that in mind, be sure to sign up for our next round of events! 🌿



### Diva Day

On January 31 a group of happy women came to the centre to get spoiled rotten. We were treated to mini-manicures and optional pedicures thanks to Jenn and Tasha from *Urban Textures Salon and Spa*, and enjoyed popcorn, treats and a hilarious movie, courtesy of Judy Vanderveer and Amy Taylor from the *Town of Gravenhurst*. We left feeling relaxed and pampered! Stay tuned for information on our next Diva Day! Tickets will be sold in advance only. 🌿

### Groundhog Day Pancake Breakfast

Who loves pancakes and groundhogs? 51 Ryde residents do! We had a wonderful turnout for pancakes and fun having pictures taken with the Ryde Groundhog. All that, and a prediction for an early spring! Thanks to helpers Rick, Wilf, Vern, Brenda and Judy for making this event happen. Thanks also to Barb and Doug for our own RCC Groundhog! 🌿



### Friday, March 8-Wellness Morning

We are offering a chance to hear four health professionals in one comfortable place, while earning a credit and enjoying a muffin and coffee for only \$5. Door prizes are offered as well!



- 9:00 - registration and coffee
  - 9:30 - Sherri Goltz from South Muskoka Dental "How Dental Health Affects Your Overall Health"
  - 10:00 - Maria O'Grady - Classical Elements Pilates
  - 10:30 - Jim Lynch and his therapy dog Josie
  - 11:00 - Michael Taylor - Chiropractor
  - 11:30 - Door Prizes
- Sign up today! 🌿

### Plan Your Garden & Container Gardening

Participants will learn how container gardening can provide food for those without large gardening spaces and how it can help give us a head start on the growing season. You will be equipped with the tools to plan ahead for their best gardening season ever! Instruction by Sue Smith of Table Top Farms and Marnie Wright. It is being held at the RCC in conjunction with *Savour Muskoka* on March 10<sup>th</sup> from 1 - 3 pm. The fee is \$30 per person and you must register to attend by emailing [info@savourmuskoka.com](mailto:info@savourmuskoka.com) or by calling 705-646-7118. 🌿



### Ryde's 135<sup>th</sup> Anniversary Celebration

We are getting things ready to celebrate Ryde's 135<sup>th</sup> anniversary in 2014! Help is needed to make this event a success. Are you willing to be a part of it? We need help with planning! We'd love to see old Ryde documents or photos that could be scanned.

Would you consider allowing your historical property to be toured or would you share your family tree? Janet Merkley would like to hear from you. Please email [janetgmerkley@yahoo.ca](mailto:janetgmerkley@yahoo.ca) (preferred), or call 705-687-1679 if you can help. 🌿

### Olde Tyme Square Dancing



Fun for all ages and stages! Square dancing begins at 7 pm on March 14<sup>th</sup> & 28<sup>th</sup> with instructor Mary Ingleson and caller George Syvret. No previous experience is necessary to join - just a desire to have some fun and get your feet moving. For information call Jennie at 705-687-5234. 🌿

### Upcoming Events

- ✓ Bid Euchre - Every Wednesday at the RCC from 1 pm
- ✓ RCC Fundraising with Vesey's - Orders due by April 12<sup>th</sup>
- ✓ Homeschoolers & Friends Activity Group - Every 2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month - 10 am to 3 pm
- ✓ Wellness Morning - Mar. 8<sup>th</sup> - 9 to 11:30 am
- ✓ *Savour Muskoka* - Planning Your Garden - Mar. 10<sup>th</sup> 1 - 3 pm - \$30/person - must pre-register with *Savour Muskoka*
- ✓ Baking with Beckie - Mar. 19<sup>th</sup> - 9 - noon - \$10/person - must pre-register
- ✓ Square Dancing - Mar. 14<sup>th</sup> & 28<sup>th</sup> - 7 - 9 pm - \$5/couple \$3/single
- ✓ Snowshoe Hike, Hot Dogs & Movie - ~~Mar. 14<sup>th</sup>~~ - **Postponed**
- ✓ *Savour Muskoka* - Movie "Fresh" + a documentary - Mar. 21<sup>st</sup> - 6:30 - 8:30 pm - RSVP to 705-646-7118 or email [info@savourmuskoka.com](mailto:info@savourmuskoka.com) - By donation. Refreshments
- ✓ Income Tax Clinic - Apr. 6<sup>th</sup> - 10 am to 3 pm - must pre-register
- ✓ *Savour Muskoka* - Wild Fermenting - Apr. 21<sup>st</sup> - 1 - 3 pm - \$30/person - must pre-register with *Savour Muskoka*
- ✓ Roast Beef Dinner - Apr. 13<sup>th</sup> - \$15 - **Note: Limited seating is available so tickets will be sold in advance. Call a director or purchase at Summerland.**
- ✓ Garden Extravaganza - Apr. 27<sup>th</sup> - 11 am - Lunch 'n Learn at noon - \$10/person
- ✓ Blackfly Festival - Watch for events throughout May!

Remember to submit news items to [rydernews@bell.net](mailto:rydernews@bell.net) for the next Ryder Newsletter by Mar. 21<sup>st</sup>

### COMMUNITY NOTICES

- **Holy Manger Anglican Church**  
Services will be held on the 1<sup>st</sup> Sunday of the month from December to the end of March. These will be winter services and in the spring we will go back to two Sundays a month
- **Summerland General Store**  
Wednesdays - spaghetti dinners served at 5:00 pm.



Don't forget to change your clocks on March 10<sup>th</sup>



### Baking with Beckie

Join us on March 19<sup>th</sup>! We're learning about making bread this time! Earn a credit towards your U of R diploma! A \$10 materials fee will apply and some utensils may be required. Pre-registration is required. *Contact Beckie at 705-687-2919 or email b\_k\_a689@hotmail.com to sign up.*

### Seedy Saturday Garden Extravaganza! Saturday, April 27<sup>th</sup>

This will be the day we officially open our new community garden with a ribbon-cutting ceremony at 11:00 a.m. Get ready to start gardening as we will offer a *Lunch and Learn* featuring Kelli Ebbs speaking about the new Muskoka Food and Agriculture Charter, a free seed exchange, and a Farmer's Market! Bring the seeds that you have been saving to share and trade. The *Lunch and Learn* is \$10. Register early! If you want to be a vendor at this event, or if you want to book a plot in the Community Garden please call Judy at 705-687-2406. A \$10 refundable deposit is all you need.



### Fresh Food Baskets



You may have read about the food box program that the District of Muskoka is running. These boxes feature fresh produce and are available monthly for only \$20. For example, the February basket contained spinach, leaf lettuce, iceberg lettuce, oranges, bananas, strawberries, broccoli, cauliflower, baby carrots, lemons, mushrooms, red cabbage, cantaloupe, tomatoes, a five-pound bag of potatoes and Four Season Greens Pea shoots. We are looking at running this program from the co-op. We would need at least 10 families to sign up. (You can sign up for more than one box) As well, we would need a couple of committed volunteers to facilitate the program. Please call Judy at 705-687-2406 if you would like to get involved.

### Ryde Walking Club-7-8 AM

Don't miss another sunrise! We'll leave every morning from 1408 Barkway Rd. (parking available) promptly at 7, in rain, snow or sun. We will walk to the co-op (where washrooms are available) and back, taking approximately one hour. Children and dogs are welcome. *For more information please call Judy at 705-687-2406.*



### University of Ryde Update



We now have custom student cards for the University of Ryde! Those who wish to enroll will receive a card and for every 10 courses that you complete, you will earn one free course (value \$10). Remember, thirty credits equal a diploma and after 40 courses, you'll have a degree. Some people who have attended regularly have already earned 10 credits! It's easy with all the wonderful offerings we have coming up for you. We are also looking at obtaining some custom clothing so that you can wear our logo with "pryde!"

### April 6 Is Tax Day with Joanne

Joanne Warren is a volunteer for Canada Revenue Agency - the government agency that collects our income taxes. As a CRA volunteer, she is offering to prepare tax returns *FREE* for Ryde residents who meet the criteria. On April 6<sup>th</sup> only, Joanne will be at Ryde Centre between 10 am and 3 pm to offer this service. Appointments are required and you must be registered by April 1<sup>st</sup>. *Please call Joanne for more information or an appointment at 705-687-2600.*



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Gravenhurst, ON  
P1P 1R3  
705-687-1563



### Summerland General

705-687-7776  
Ron Post & Carrie Marriot

### Got Program Questions?

Call our Program Coordinator:  
Judy Campbell at 705-687-2406

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