

THE RYDER

February 2005



A publication of Ryde Community Co-op Inc.

www.rydecommunityco-op.com

FEBRUARY A BUSY MONTH...

Lots of exciting things are planned for the month of February to kick off 2005 to a great start.

Fit for Heart Week

Join us at the Community Centre for Fit for Heart with for a variety of activities

Feb 14 - 6:30 pm join us for yoga*
Feb 15 - 7:00 pm join us for aerobics
Feb 16 - 7:00 pm ping pong tournament
Feb 17 - 7:00 for those who prefer a more sedentary activity - crokinole or darts
Feb 19 (maybe?) - 11-12 am - Tai Chi (call Wendy at 687-4575 for Tai Chi... see below)

Participation fee for the above events is a donation to heart & stroke, or you can even do better and ask for a pledge form and win some great prizes for supporting heart & stroke. (Libby will have some forms at the centre)

*If you are not already enrolled in the yoga class, a donation to heart and stroke is your payment for class on that night only. If you enjoy the class, you can attend on a per class basis on subsequent evenings for \$12.00 per class for the balance of this session.

Spaghetti Dinner

Back by popular demand is our **spaghetti dinner** for our members, on **Friday, February 11** from **5-7 pm**. Tickets are available from any executive member for \$5.00 each or drop by the Centre during the operating hours and Libby would be pleased to sell you a ticket. Advance tickets are required and limited so don't delay, buy yours today.

The Newest Addition to Our Fire Department

We are pleased to advise that the **new fire truck** for Station 3 - Ryde has arrived and it will be **dedicated** on **Saturday, February 12** starting at **10:30 am**.

Interested in joining the Fire Department? We still need volunteers for Station 3. Come out and see what is involved and become a volunteer firefighter in our community.

Pancake Breakfast

Before the dedication of our new truck, please drop by the Community Centre and enjoy a **pancake breakfast**, hot cup of coffee etc. - cost is **by donation** to the Ryde Community Co-op. Breakfast will be served from 9 am until 10 am so all can attend the fire truck dedication.



Serving Muskoka Since 1992

- Companion/Personal Care - 24 hours
- Palliative/Hospice Care
- Respite Care in Client's Own Home
- Private Care at Nursing Homes/Other Facilities
- Escorting to Appointments
- House & Cottage Cleaning

Muskoka Seniors & Special Services - Call Mary Brittain

(705) 687-5334 1-888-990-9953 msss@primus.ca

Tai Chi Classes

We have been asked about offering Tai Chi at the centre as one of our programs. We have a local resident who is willing to teach this class. Please call **Wendy** at **687-4575** if you are interested in Tai Chi classes. Cost of the program per person will be based on the number of participants registered.

Other February Happenings in our Community

Heart & Stroke Auction - this annual event is being held on **Tuesday, February 15th** at the **Ryde Centennial Free Methodist Church** in Housey's Rapids at 1 pm - come early and check out the goodies up for grabs. Donations of "white elephants" to be auctioned off; please call **Lorraine Masters** at **687-6076** for more information.

Rotary Musical at the Gravenhurst Opera House-Rodgers and Hammerstein's version of Cinderella with performances on **Friday February 25, Saturday, February 26** a matinee on **February 27th** as well as performances on **Friday, March 4th** and two shows on **Saturday, March 5th**. A great family show for all ages.

Wave of Hope - Tsunami Benefit Night - Saturday, February 26, 2005 - Gravenhurst Centennial Ctr
Come for Laughs, Dancing, Prizes & live entertainment - Doors open at 7 pm - \$20.00 in advance, \$25.00 at the door. All proceeds to Red Cross Tsunami Relief

Effort. For more information and tickets, call **687-3557**, Dr. Digital at **644-0278** or go to www.drdigital.ca and click on the link. This is a licensed event - valid photo id required.

Election Results

Your new **executive** voted in for 2005 are:
Jane Braden, Chris Holden, Randy Jorgensen, Shawn Kerswell, Wendy Pilger, Bruce Stephenson, and Carol Wagg. They'll meet prior to our events on the 11th to determine the positions of President, Secretary and Treasurer.

Recap of February Dates

Spaghetti Dinner - Friday, February 11th 5 - 7 pm, advance tickets \$5.00
Pancake Breakfast - Saturday, February 12th 9-10 am
Fire Truck Dedication - Saturday, Feb. 12th, 10:30 am
Fit For Heart Week:
Yoga - Mon Feb 14 at 6:30
Aerobics - Tues Feb 15 at 7 pm
Ping Pong - Wed Feb 16 at 7 pm
Crokinole/darts - Thurs Feb 17 at 7 pm

Check out our new website at www.rydecommunityco-op.com...lots of news, photos, links and more!

Big News for our Community Access Program (CAP) Internet Site! Neil Smellie of Muskoka.com has confirmed that the Ryde CAP site will soon be getting high speed Internet access. Like many of its sister sites, including the new Torrance Community Centre, Ryde will be able to offer community members this great service. During the first two weeks of having high speed in Torrance, over 40 visitors came to check it out. **Libby Ingram**, our CAP Intern in Ryde, is excited about this addition and looking forward to introducing new Internet users to the World Wide Web. The Ryde CAP site will be open on **Mondays from 2:30 pm - 6:30 pm, Wednesdays and Thursdays from 3 pm - 7 pm, and Saturdays from 10 am - 4 pm**. If you have ever wanted to know how to use a computer, browse the Internet, create a poster or even file government forms online, give **Libby** a call at **687-4200** or drop in during the CAP site hours...it'll be a great spot for working on your homework, too!

RYDE COMMUNITY CO-OP INC. - MEMBERSHIP FORM

Last Name: _____ First Name: _____

Mailing Address: _____ Town: _____ Postal Code: _____

Civic (911) Address: _____

Home Phone: _____ Work Phone: _____ Email: _____

Other Members at this address:

Name: _____ Name: _____

Number of members: _____ x Membership Fee \$10 each = \$ _____ + Extra Donation: \$ _____ = Total Enclosed: \$ _____

Please make cheques payable to: Ryde Community Co-op Inc. & Mail to: R Jorgensen 1103 Halls Rd RR3 Gravenhurst P1P 1R3