

The Ryder

Ryde Community Co-operative Inc.

Volume 5, Issue 3

Ryde Co-op Reminder

(tack this in a highly visible place ... see details on Page 2)

• Sewing Sessions

Thursdays around 11am

• Bid Euchre 2nd & 4th

Wednesdays April 23, May 14, May 28 at 1PM

• Dancercise Fridays

9AM - 10AM

• Strawberry Social

Saturday June 28

Calling all Girls!

Brownies and Guides are alive and well in Housey's Rapids. We have enough girls to begin a Spark unit, and only require one or two leaders.

Sparks are for girls born in 2002 and 2003.

Brownies are for girls born in 2000 and 2001.

Guides are for girls born in 1997, 98, 99.

Guides and Brownies meet together on Thursday 6:30 – 8 p.m. Sparks meet on Saturdays, time to be determined.

Meetings are held at Ryde Centennial Free Methodist Church basement, 1667 Housey's Rapids Rd. For info and registration, please call **Kim Hamilton** 1-877-323-4545 ext 7333.

If you have some community news to share ... new members in the community; weddings or other announcements, email carolwagg@rogers.com

Health and Wellness Workshops

On Thursday April 3rd, 17 individuals who were interested to learn how to deal with the stressors in their lives turned out to a workshop led by Dr. Barbara Cowan, a naturopathic doctor from Gravenhurst. Dr. Barb led the group in some visualization exercises, some inner explorations, and taught techniques of stress reduction. It was an interesting and informative morning, followed by a lunch of finger foods and Louise Speicher's mouth-watering banana cake topped with seven minute frosting.

The success of the day has led Ryde Directors into planning a series of health and wellness workshops. On Thursday May 1st, Dr. Kelly McIntosh of the Gravenhurst Chiropractic Centre will present a talk entitled "Body and Sole" focusing on the importance of posture, foot-health, and spinal health, with a special focus to answer your questions related to the practice of acupuncture. Plan to join us at 10 on May 1st for the talk and at noon for lunch.

Please call Katriina 687-0843 in advance so an appropriate amount of food can be prepared. A donation bucket will be available to aid in cost recovery.

If you would like to attend this series in evening or Saturday sessions, please call Katriina to express your interest. If the numbers warrant, we will try to make it happen.



Dr. Barbara Cowan ND, with workshop participants Gladys Merkley (Barkway) and Kathy Nicholson (Washago). Louise Speicher, Jane Braden, and Mike Caslin in background look on. They all look so relaxed, the workshop must have been successful!

Ryde Co-op Election 2008

Ballots were mailed to 100 eligible voters, and 51 ballots were returned by the cut-off date. In addition, many memberships have been renewed. At press time the current membership stands at 89. The ballots have been counted and the Directors have been elected. So far Katriina Alanko, Rosemarie Hinzmann, Ron Stager, Ivan Speicher and

Louise Speicher have been elected and agreed to serve. We're still looking for two more folks to round out our 7 member board. Executive positions will be decided at the next Director's Meeting. In the meantime, we express our appreciation for the leadership of our 2007 board.

Welcome to the 'Hood

Wendy Sobotka has been a cottager on Riley Lake since 1986. In 2000, she and her husband Ron Tamrazian purchased the land beside the family cottage and built their own cottage. In August of 2007, they decided to leave the city life in Ajax and become full-time residents on Riley Lake along with children Alyssa, 7 and Alex, 4.

Wendy now commutes to Barrie to work at BMO Financial Group and Ron is a Real Estate salesperson who has just started a company called "Muskoka Cottage & Home Property Maintenance". They much prefer the slower-paced life in Muskoka over the hustle and

bustle of the City, and feel safer raising children here. The children have settled quite nicely into Beechgrove. Alyssa attends Brownies in Ryde and Alex starts soccer in May in Gravenhurst. We welcome them to the community, and look forward to meeting them at Community functions.





The Ryder is published monthly (or so) by Ryde Community Co-Operative Inc. c/o R Jorgensen, 1103 Halls Rd RR 3 Gravenhurst ON P1P 1R3
 Editors: Carol Wagg, Randy Jorgensen
 Layout and Production: Randy Jorgensen, Ryde Systems, 687-9038
 Like what you read? Drop us a line or email rjorg@muskoka.com Our website is www.rydecommunityco-op.com
 We are a member organization of Muskoka Community Co-Operatives Inc.

Internet Sponsors:



Canada



Muskoka.com
INTERNET SERVICES

Friends of Ryde Co-op:



Cook's Hollow Farm
 Feed Supplies
 Carol Cook
 (705) 684-9931



Mark Dulmage
 Re/Max Orillia Realty
 687-6405



ERNMER CONSTRUCTION
 (705) 687-2446



Muskiddos
 Home Childcare
 (705) 645-1678
 (877) 687-0202

North Base Enterprises
 Foundations & Masonry
 Greg Keeling - 687-6121



Terry Pilger - Sales Representative
 (705) 644-1195



Ryde Systems
 Randy Jorgensen
 (705) 687-9038



THE TREE MUSEUM
 DOE LAKE ROAD - MUSKOKA
www.thetreemuseum.ca

Events and Goings-on

Dancercise - 9 - 10am Fridays. Call Louise to confirm 687-1475.

Bid Euchre - 2nd and 4th Wednesdays of the month. April 23, May 14, May 28. You are welcome to join us at any time.

Sewing Sessions

Spring is finally here and a lot of us are in need of something new to wear that doesn't involve snow boots, winter coats and big price tags. Our weekly Thursday sewing sessions are just the place to learn how to make well-fitting garments that we are proud to show off to our family and friends. April 24th's project is a t-shirt - one that fits your body, not some fantasy dreamed up by the pattern companies. We'll learn how to make changes to the pattern so that it really fits. We'll learn about getting the most use out of the sewing machine. We'll chat, and laugh and make new friends. What has actually happened is that the

ladies are so enthusiastic about the sessions that they now start earlier and end later. Most ladies like to come at 11:00, break for lunch when we get hungry, and continue until it feels like time to quit. That could be anywhere from 2:00 to 5:00. Come for half an hour, 3 hours, or as much time as you like. Bring your sewing machine, attachments, user's manual, extension cord, scissors, etc. and any specific questions or problems you want answered. Give our sessions a try. We have ladies who range from beginner to advanced in skill levels. Contact **Katriina** at 687-0843 or oknala@gmail.com for more information.



Dr. Kelly McIntosh D.C. CAFCI

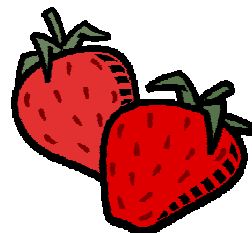
Gravenhurst Chiropractic Centre
 140-1 Elder St, Gravenhurst
 705-687-2012

Chiropractic Care * Acupuncture
 Custom Orthotics * WSIB
 Pregnancy & Female Care
 Sports Injuries * Auto Accidents

www.gravenhurstchiropractic.com

Mark your calendar!
Strawberry Social

Saturday
 June 28th.
 Your mouth
 will be
 watering for
 two whole
 months!
 Details in
 next Ryder.



Yoga Classes - We may have a teacher for one evening yoga class a week in May and June. Anyone interested in receiving more information as soon as it is available should contact Arleigh at arleigh.luckett@utoronto.ca or 687-3597.



Mark Dulmage, Sales Representative - Re/Max Orillia Realty (1996) Ltd.
 1790 Barkway Rd, Gravenhurst, ON P1P 1R3
Phone: 705-687-6405 **Fax:** 705-687-9052

Email: GOFREE@sympatico.ca **Website:** www.exclusivewaterfront.com

Your local Real Estate Rep, listing your property on Toronto, Orillia, Muskoka, and Barrie Real Estate Boards. Free professional accurate evaluation.

• DEPENDABLE • TRUSTED • KNOWLEDGEABLE •
 • POWERFULLY CREATIVE •

Birchcliffe Farm

This Month's Sponsor



**Babies are now arriving at
 Birchcliffe Farm Registered Miniature Horses.**

Colourful AMHA/AMHR registered pinto colts and fillies for sale. Prices start at \$1300.00. Great for pets or harness driving, showing, and enjoying.

Heather J. Pratt

1280 Merkley Rd, Gravenhurst ON P1P 1R3
705-687-6039

email bfmuskoka@hotmail.com
www.birchcliffeminis.com