

The Ryder

Ryde Community Co-operative Inc.

Volume 8, Issue 4

Working together in a co-operative way to be one voice and one community

Coming Events

- **Free Tax Clinic**
Tues. April 12th –
Pre-registration
required - see Pg 2
- **Bid Euchre** April 13th &
27th from 1PM
- **Yoga in a Chair**
Workshop April 16th
- **Hatha Yoga Workshop**
April 16th
- **Ham Dinner and**
Annual General
Meeting May 14th
- **Morgan Davis Blues**
Workshop & Concert
May 22nd
- **Chi Kung & Tai Chi**
June 22nd
- **Strawberry Social** June
25th

Check the calendar on the website for additional information & new events

All events take place at the Ryde Community Centre, 1624 Barkway Road, unless otherwise noted

Deadline for submissions to the next Ryder Newsletter is April 25th

Visit the Ryde Community Co-op Website at rydecommunityco-op.com

Be sure to check the calendar on the website for additional information and new events

Follow us on Facebook – [facebook.com/RydeCoop](https://www.facebook.com/RydeCoop)

Ryde Centennial Free Methodist Church

The Ryde Centennial FM Church is having a Mother and Daughter "Old Fashioned Tea" on Sat., May 14th at 12noon. The Tea will be held at the Church located at 1667 Housey's Rapids Rd., Gravenhurst

All ladies and daughters are invited to hear this year's speaker, Mrs. Jeanne Tucker, former pastor's wife, missionary, and currently employed by the Gravenhurst Salvation Army's Social Services. Please call 705-687-3005 for details, and if you could, please contribute "fancy sandwiches", a light salad, or cookies. Also, if you would like to wear an old-fashioned costume, or something as close to that as possible, please do. It will be fun to see hats, long skirts, and frilly blouses.

Potluck Dinner March 19

Once again Ryde Community members and friends gathered to share a meal. Food was plentiful and delicious with a good variety of favourite dishes and desserts. Eighty people from age 2 to 92 sat down to dinner together including special guests Mayor Paisley Donaldson and her husband Fraser, Deputy Mayor Jeff Watson and his wife Patti and our own Ward 4 Councillor Randy Jorgensen.



We are grateful to all who participated, enjoyed the food and social time - and there was a lot of socializing happening throughout the building! Many took advantage of the

Shirley Faudemer & Arleigh Luckett



opportunity to renew their memberships in the Ryde Community Co-op and peruse the enlarged and well-organized collection of books that now make up the Ryde community library.

Special thanks to Barb Taylor and Katriina Alanko who hemmed all the new table cloths; Jennie Nice who has made all new displays for the bulletin boards; Brenda Cooper our librarian for all her cleaning and organizing and Vern Taylor, Rick Nice, Wilf Curtis and Russell Christensen for lending a hand when needed. ❖

Morgan Davis Workshop and Concert

Arleigh Luckett

Juno and Maple Blues Awards winner **Morgan Davis** will be entertaining and informing at two fund raising events combined into one at the Ryde Community Centre.

In the afternoon Morgan will present his workshop on the **History of the Blues** from its African roots to current styles. In the evening, he will be playing the blues in an **intimate concert**. Those attending both events have the option to stick around between shows for a **pizza party** with "open stage" or wander on down to the Summerland General Store for supper. Learn more about Morgan Davis at: www.morgandavis.com.

continue providing social and recreational opportunities for the community. For a full listing of ticket outlets visit: www.rydecommunityco-op.com.

Date: Sunday, May 22, 2011
History of the Blues Workshop: 2:00 PM
Pizza party and open stage: 4:00 PM
Concert: 7:00 PM

Ticket prices:
Full package: Workshop, pizza party and concert \$45.00
Workshop ONLY: \$15.00
Concert ONLY: \$20.00

Proceeds from these events will be used to support the Ryde Community Co-op to

For information email ryde.coop@gmail.com ❖

Spring Yoga Workshop Series

Arleigh Luckett

We have invited Jasmine Arney of *Active Turtle* to lead the first of our Spring Yoga Workshop Series. Jasmine will lead two sessions on Saturday, April 16th.

Yoga in a Chair - \$8 1:00pm to 1:45 pm
This session is for anyone who wants to learn how to enjoy the benefits of yoga without getting down on the floor. Whether you're knees will no longer do it, you're not ready for floor work or you just want some new ideas to give yourself at the keyboard, this session is for you. You'll be surprised how effective Yoga in a Chair can be.

Hatha Yoga Workshop - \$15 2pm to 3:45pm
Hatha is a classic approach to yoga that emphasizes physical detail and focus. This is an accessible way to learn the basic postures and breathing techniques of yoga while restoring your energy, strength and flexibility. A great session for beginner and intermediate students and a great way to experience life, with your body, soul and mind. As her training is varied and always continuing, Jasmine's sessions may incorporate vinyasa, ashtanga, anasura and awareness all in one. Please come and enjoy!

To register please contact: Arleigh Luckett Tel: 705-687-3597, email: arleigh@luckettfamily.net or RSVP on Facebook: [facebook.com/RydeCoop](https://www.facebook.com/RydeCoop) ❖

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Chi Kung and Tai Chi

The class will begin with therapeutic Chi Kung. Its focus is on relieving stress and tension. Then, the participants will be introduced to the simplified 24 form tai chi chuan. Its slow and gentle movements are deceptively effective and will help you improve your:

- Joint mobility
- Flexibility
- Balance
- Stamina
- Mental Focus

The classes will be relaxing and refreshing. The instructor will be Sifu Janet Wilcox. She is a

Janet Wilcox

certified fourth generation member of the "Wu Yi Jie He" family lineage of Chinese Martial Arts. She is also a certified Kung Fu instructor at Taishan School of Martial Arts. Sifu Janet has been practicing Chi Kung, Tai Chi and Kung Fu since 1994 and has been an instructor since 2002.

Classes will be on Sunday mornings from 10:00 am to 11:00 am beginning June 5th. The cost will be \$10/class. Registration information will be in the May Ryder. ❖

Remembering Mollie Cooper

Our community was deeply saddened by the sudden passing of Mollie Cooper on March 8, 2011. Mollie taught high school in Orillia for many years. She was a fun-loving, active lady who enjoyed many of the community gatherings ... especially the Groundhog Day breakfasts. We all enjoyed the Christmas newsletter where Mollie edited their year-in-review through the eyes of Chipper, their dog. Her dear husband Frank and the many friends in the Cooper's Falls area will miss Mollie. ❖

Barb Taylor



Free Tax Clinic

The Ryde Community Co-op will be offering a **free tax clinic** at the Ryde Community Centre on Tuesday, April 12th from 10:00 am – 4:00 pm

Pre-registration will be required. To register or for information, please call Joanne Warren at 705-687-2600

Will be able to do – non-complex return for persons with taxable incomes under \$25,000.

Joanne Warren

Will not be able to do – returns for deceased persons, business, or clients with capital gain or rental income

Please bring:

- All tax slips
- Property tax or rental receipts
- Medical expense receipts
- Last year's tax assessment or income tax form

March 26th Council Meeting

The turnout of Ryde Community Co-op Members at the Gravenhurst Town Council Public Meeting to discuss the draft budget for 2011 on Saturday, March 26/11 was fantastic! Arleigh said that it made her job so much easier. The great slide show that highlighted many events, was put together by Jennie Nice, to support Arleigh's presentation. Some comments by Councillors and Deputy Mayor Jeff Watson were very encouraging. Councillor Jeff Watson, told how

Barb Taylor

much he and his wife enjoyed attending the Potluck supper and thanked the Co-op for the invitation. Arleigh noted that one councillor began to talk about the Ryde School and then corrected herself saying, "We should say Ryde Community Centre." We will have to wait to learn their decision on the fate of the Ryde Community Centre. Arleigh, you did a fine job of representing the RCC group. We are proud of you. ❖

Bid Euchre

This Ryde Community Co-op Program is hosted in the home of one of our members, Eileen Taverner, at 1009 Merkley Road.

The group meets twice each month at 1 pm every second and fourth Wednesday for an afternoon of cards and friendship. The cost is \$3.00 per person. The Bid Euchre group regularly purchases items for the RCC from the funds collected by the players at each meeting.

For more information please contact Eileen Taverner at 705-687-4718 or Louise Speicher at 705-687-1475. ❖

Louise Speicher



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