

# The Ryder

Ryde Community Co-operative Inc.

Volume 5, Issue 10

## Events

Mark your calendar!  
Details in newsletter.

- **Chili Cookoff** - January 10 2009
- **Sewing Group** starts again January 12
- **Annual Ryde Winter Youth Retreat** February 6-8 2009 Ryde Centennial Free Methodist Church.

## Spaghetti Dinner

One of the most anticipated events of the year is the Spaghetti Dinner. On Nov 22, a crowd descended on the community centre and enjoyed a hearty meal of spaghetti and sauce, rolls, caesar salad, and the many temptations on dessert plates.

Thank you to all who planned, set up, prepared food, cooked,



served, and cleaned up, and to those who showed their appreciation with their generous donations.

Following the dinner, Councillor Terry Pilger was available to answer questions and hear concerns about the issue of the proposed tree-cutting by-law. We thank him for taking the time to speak to our group and hear our opinions. ❖

## Health and Wellness Series

On Dec 4th, a good-sized group gathered to hear information regarding Therapeutic Touch (TT) presented by three ladies from Bracebridge - Bonnie Christie, Gail Oakley, and Bonnie Blain (left to right, pictured).



They are all members of the TT Network of Ontario, and are called upon to work in hospitals, nursing homes, hospices, and by private individuals. Each person who attended had an opportunity to experience a short session of TT, and comments were very positive. If you're curious about the concept, find out more at [www.therapeutictouchnetwk.com](http://www.therapeutictouchnetwk.com). We thank these ladies for sharing their time and skill with us. A hearty lunch of hot soups, rolls, and desserts followed the session.

## Southwestern Corn Bread

- |   |                       |
|---|-----------------------|
| 2 eggs  | 2/3 c veg oil         |
| 1 c sour cream  | 1 cup yellow cornmeal |
| 3/4 c creamed corn  | 1 tbs baking powder   |
| 1 1/2 tsp salt  |                       |
| 2 green onion tops, chopped                                     |                       |
| 4 (or fewer) small jalapenos, seeded, finely chopped (optional) |                       |
| 1 c shredded cheddar  |                       |

Beat eggs and oil in bowl. Add sour cream, cornmeal, corn, baking powder, and salt and mix well. Stir in greens and 1/2 of cheese. Spread in greased 8 X 12 baking pan. Sprinkle remaining cheese. Bake 425 for 20 - 25 minutes until it tests done. Serve immediately.

The Health and Wellness series will now take a break until March when we hope to present a session on Pain Self-Management by the Arthritis Society. Watch for details in an upcoming issue. ❖



Best Wishes  
of the  
Season

From all of  
us at the  
Ryde  
Community  
Co-op



## Chili Cookoff 2009 ... Don't Miss It!

Mark January 10th at 5 p.m. on your 2009 calendar, for you won't want to miss the second annual Ryde Chili Cook-Off. Carol Break and Terry Pilger are already driving another nail into their kitchen walls, preparing to hang up the new aprons which they are hoping to win again this year. Rumour has it they can expect some stiff competition! We invite up to 10 contestants to enter their favourite chili recipe in one of two categories - Conventional or Novelty. There will be a panel of celebrity judges to decide the overall winners in each category, and the ever popular

"Peoples' Choice Award". All proceeds of the evening will be donated to the Salvation Army Food Bank.

We would like to have volunteers supply cornbread/biscuits/rolls, or veggies and dip for the supper following the contest. We also need three people to be servers. If you'd like to help in this way (which, unfortunately means you can't be in on the judging, but you'll certainly be able to indulge in the chili supper to follow), please call Carol at 687-6992. ❖

See next page for rules & entry info...



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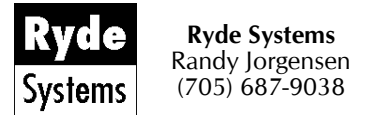
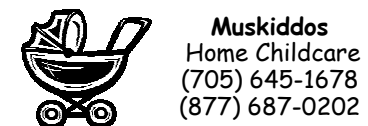
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**The Ryder Classifieds**  
**Blue loveseat** in great condition, free to the first person who will take it away - I have no room for it. Katriina 687-0843.

**Equipment for explornet satellite internet.** No phone line required. Call for more info. Can be tested at our place. Bob Payne 687-0843

**HO, HO, HO**  
To all our friends and neighbours, best wishes for the holidays season, from Esther and Frank.



**How to Enter the Chili Cookoff..**

- Make enough chili to serve at least 12. Bring it hot and ready to serve in a slow cooker or crock pot. Leave it in the Community Centre kitchen.
- Give your chili an interesting name. There will be a prize for the best chili name.
- Decide if you are entering the conventional category - typically beans and meat - OR the novelty category (one or more unusual ingredients. Vegetarian chili will be in this category). If you can't decide in which category your recipe falls, Carol will help you decide.
- There will be a limit of 10 entrants, so if you plan to enter, call Carol 687-6992 as soon as you make up your mind. Last date to enter is January 6th. ❖

**Events and Goings-on**

- **Sewing Group** - We decided to end the season with a pizza and last minute sewing. Have a restful holiday until Jan. 12, when we start up again. With the new year comes a new project. We'll be remaking an old worn out sweat shirt into a chic jacket, ready for that spring weather we know will eventually come. We'd love to have more of you join us - even if you don't know how to sew now.

Our beginners will tell you that it doesn't take long to get the hang of it. In fact, if you have a project on the go and would like a little help getting over a hurdle, Mondays from 11:00 till about 3:00 or so, the Ryde school on Barkway is open for you to come and sew or use the computers. There's always something

going on on Mondays at the Ryde. Even if you don't want to sew, come and join us while you do your crochet or knitting or whatever craft you enjoy doing. We have fun.

- **Bid Euchre** on hiatus until mid-March
- **Yoga Classes** are over for the winter, but practices will continue on Monday nights in January.
- **Annual Ryde Winter Youth Retreat** will be Feb. 6-8 at the Ryde Centennial Free Methodist Church. Cost will be \$35. Guest speaker and band are booked, so now they need to know about how many to feed and accommodate. (Local teens are expected to stay overnight in their own homes.) Any teen who is interested should call either the Coopers at 687-3005 or Frank Lutzi at 687-8300 and leave a message. ❖

**Ryde Co-op Online**

The Co-op website [www.rydecommunityco-op.com](http://www.rydecommunityco-op.com) is full of information and lots more pictures than we are able to include in *The Ryder* Newsletter. Archived copies of all previous issues of the Ryder can be found by clicking on News. If you can't find "that yellow sheet", find the information you are looking for without

going through stacks of papers. The history section is growing as more materials become available.

Our "Friends of Ryde" sponsors are showcased in the sponsors section.

Check it out! ❖

**Ladies Lunch - Presented by the Sewing Group**

Not only can these ladies sew, they can certainly put on a bountiful and beautiful luncheon. 23 ladies from the community gathered on Dec 8th to see the handiwork of the sewing group and taste the goodies and dainties from their kitchens. Samples of their projects were on display, and articles of clothing made in the class were modelled by their makers. Crafts and seasonal centerpieces adorned the tables, and there was plenty of opportunity for socializing over delicious food and hot cups of tea. What a lovely way to spend lunch time. Thank you, ladies, for your time, talents, and efforts. ❖



**Back:** Cheryl Cooper, Rosemarie Hinzmann, Carol Cook, Katriina Alanko. **Front:** Francine Burlison, Lisa Solyom, Teina Benson, Sandy Nichols.

**The Donkey's Coffee Shack & Feedstore**

*This Month's Sponsor*



Cook's Hollow Farm has closed their feed business and has sold it to "The Donkey's Coffee Shack & Feedstore" located at 2532 Doe Lake Rd, past Barkway Road, exactly 14 km from Hwy 11. We are looking forward to meeting and serving Carol's customers. Open Monday to Saturday, 10:00 to 5:00. Evenings by appointment only.

(705) 687-4062 email [jshrw@com](mailto:jshrw@com)

Lynn and John Wilson

Now taking orders for store opening mid-December 2008.