

# The Ryder

Ryde Community Co-operative Inc.  
*Working together in a co-operative way to be one voice and one community*

Volume 7, Issue 1

## Coming Events

- Dr. Barb Cowan – **Skin Care and Toxicity in Make-Up**, Thursday, January 28 at 10:00.
- Ryde Centennial FM Church **Pot Luck Lunch** January 17, around noon
- January 31, 1:30 – Sunday School and **Church Winter Picnic**

## Ladies' Luncheon

On Dec 3, the SEW Group hosted a delightful craft bazaar, bake sale, and hot lunch. The event was well-attended, the room was beautifully decorated, and everyone was made welcome. A wonderful way to while away a couple of hours before the major Christmas rush.

A big thank you to the organizers, crafters, bakers and providers of the bountiful lunch.

event that enabled the family to have a Christmas – even turkey and the trimmings. Thank you. ❖



l to r: Cheryl Cooper, Katriina Alanko, Sandy Nicholls, Teina Benson, Lisa Solyom, and Francine Burlison, with special thanks to Teina.

Thank you from the Organizers: Our Ladies' Lunch in December was a wonderful event. We raised over \$400 for our needy family who wish to thank all those who attended for their generosity but wish to remain anonymous. The S.E.W. Group appreciates the community support for this

**This month's recipe** comes from Cheryl Cooper, and was a hit at the Ladies' Luncheon:

### Green Beans and Meat Balls Casserole:

Mix together:  
1 can Cream of Mushroom Soup  
3/4 C. milk

Butter the bottom and sides of a 6-serving casserole dish. Spoon in soup/milk mixture to just cover the bottom. Add: (in layers)  
30-32 meatballs (make your own or use a box of frozen ones)  
green beans (2 cans, drained)  
1 can mandarin oranges or pineapple chunks, drained (optional)  
Rest of soup/milk mixture.

Top: Crumble enough crackers or potato chips to cover the top evenly.

Bake: uncovered, in a 350 degrees oven for 45 minutes.

Cheryl suggests serving with baked or mashed potatoes, beets or corn, and a salad.

## Chili Supper

A good crowd turned out on Sat Jan 9th to enjoy a variety of chilis, cornbread, salads, and home-baked desserts! Many thanks to all who donated food, making it possible to present a total of \$250 to the Gravenhurst Food Bank. The only disappointment for the evening was that there was no competition for our traditional cook-off. Maybe next year? However, we were all winners, as it was a pleasant warm evening spent in compatible company. ❖

### Upcoming Community Dinners:

Mark your Calendars now for these coming dinners:

March 20 – **Spaghetti Dinner** (second Saturday of March Break). Please pass the word to cottagers who may be up for the week.

May 22 – **Ham and Scalloped Potatoes**, followed by Ryde Co-op AGM

July 3 – **Strawberry Social**

PLEASE join the Co-op or renew your membership TODAY to keep the Co-op running and to keep The Ryder coming!

### Ryde Community Co-op — 2010 Membership Form

Names: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Town: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Please make cheques payable to:** Ryde Community Co-op Inc. Mail to Ivan Speicher, PO Box 777, Gravenhurst ON P1P 1V1  
Your extra donation will help us work towards improving our community centre and the various programs we offer.

Number of members: \_\_\_\_\_ x Membership Fee \$10 per adult = \$ \_\_\_\_\_ + Extra Donation: \$ \_\_\_\_\_  
= Total Enclosed: \$ \_\_\_\_\_



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 Like what you read? Drop us a line or email [rjorg@muskoka.com](mailto:rjorg@muskoka.com) Our website is [www.rydecommunityco-op.com](http://www.rydecommunityco-op.com)  
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**THE TREE MUSEUM**  
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Vicky Groves of Housey's Rapids donated over 10 inches of her hair to 'Angel Hair for Kids'. The hair, which she has been growing for over two years for this purpose, will be used to make wigs for kids who have lost their hair to cancer treatment. We are proud of you, Vicky!  
*at right: Vicki, before and after*



**SEW News**

The ladies of the sewing group have reconvened for the next session of our sewing/social Mondays. We have had several donations of sewing machines, fabric, craft supplies and even a dressmaker's Judy.

Thank you to all who have so generously donated to our classes. It has made all the difference to some of the projects we have undertaken.

We'd like to tell you about our next project. After some discussion, we settled on making adult bibs and lap robes for seniors' homes.

In this way, we hone our sewing and creative skills and make a difference in our community. We are looking for some fabric and quilt batting donations. If you are looking for a day of camaraderie and sewing, please join us in our efforts any Monday between 11:00 and 3:00. We do have a few sewing machines available for those who don't have one of their own. If you prefer to knit or crochet, we will supply the yarn. Just remember to bring a lunch with you. We supply the tea and coffee. ❖

The Ryde Community Centre is having a one-day FREE guitar lesson workshop, offering a free 30 minute private guitar lesson, courtesy of Tom Schepp, Instructor from InTheShed Music Studio on Kakshe Lake. We are planning to hold this workshop on either Saturday February 6th or 27th. Any interested parties should phone Tom directly at 689-2267 for more information.

**Events and Goings-on**

Mark your Calendar now for these Coming Events! Details in upcoming Ryders...

• **Health and Wellness**

Dr. Barb Cowan – **Skin Care and Toxicity in Make-Up**, Thursday, January 28 at 10:00.

Dr. Barb has rearranged her schedule and consented to do an informative and entertaining interactive presentation for us once again. Workshop to be followed by tea/ coffee and goodies. A \$10.00 donation is encouraged to cover costs.

**Medications 101** – things you should know about your medications. TBA

**Bone Density and Osteoporosis TBA**

• **Ryde Centennial Free Methodist Church Pot Luck Lunch** January 17, after the morning service

January 31, 1:30 – Sunday School and **Church Winter Picnic**, weather permitting, (Call 687-3005 for information.)

**Teen Winter Retreat** February 5, 7:00 p.m. to February 7, at about 2 p.m. For youth ages 13-19. Interested in attending? Contact Frank Lutzi at 687-8300, or Rev. Sterling Cooper at 687-3005, right away. \$40 / person.

A reminder that the CAP public access Internet computers are now at Summerland General Store... our thanks to Ron & Carrie for hosting the site.

Our apologies to "Friend of Ryde" Tom Schepp of InTheShed Music Studio. His telephone number was listed incorrectly. The number listed this month is the correct one.

**Ryde Centennial Free Methodist Church**

*This Month's Sponsor*



**Ryde Centennial Free Methodist Church**

1667 Housey's Rapids Rd, RR 3  
 Gravenhurst, ON PIP IR3

Phone: (705) 687-3005 Email: [sterling@muskoka.com](mailto:sterling@muskoka.com)

Sunday School for Grades SK thru Grade 5 – 10:00a.m.

Pre-service Prayer Time – 10:15a.m.

Sunday Morning Worship Service with Jr. Church – 11:00a.m.

Prayer Meeting – Tuesdays, 8:00p.m.

Other Events – as announced

*"A country church with a country welcome."*