

Ryde Community Co-operative Inc.



2015 AGM
Report

Agenda

2015 Annual General Meeting
Saturday, May 30th, 2015
at the Ryde Community Co-op, 1624 Barkway Road

2014 – 2015 Board of Directors

Judy Campbell, *Programs*
Beckie Fitchett, *Bylaws*
Amy Heighington, *Secretary*
Jennie Nice, *Chair*
Larry Peck, *Events*
Ivan Speicher, *Treasurer*

Call the Meeting to Order, Jennie Nice

Adoption of the 2014 Minutes, Amy Heighington

- Page 2

President's Report, Jennie Nice

- Page 4

Financial Report, Ivan Speicher

- Page 10

Grants and Partnerships Report, Judy Campbell

- Page 12

135 and Heritage Day Report, Larry Peck

Community and Co-op Involvement, Amy Heighington

Future of the Ryde Co-op

- Morris Cooper
- Jonny Godfrey
- Randy Jorgensen

Nominations for 2015 – 2016 Board of Directors, Beckie Fitchett

Questions and Answers

Motion to Adjourn



Ryde Community Co-operative Inc.

Annual General Meeting

May 24, 2014 at 6:30 p.m., after Dinner

Location: Community Centre, 1624 Barkway Rd.

Directors Present: Terry Pilger, Jennie Nice, Cheryl Cooper, Barb Taylor, Larry Peck, and Randall (Randy) Jorgenson

1. Opening remarks by President Larry Peck

Larry introduced the Board of Directors and reviewed the year since May 25, 2013. The Community Garden had new crops and plans for a sustainable garden and food. For \$20-30, we had locally grown produce available. This past year, it was potatoes.

The District of Muskoka is helping a Food Charter and us with more possible funding.

Bid Euchre continues, at a cost of \$3/person, \$2 of which goes back into the Co-op. They are consistently here on Wednesdays.

Carrie and Ron at Summerland General Store have also been very supportive of us, by allowing us to meet there during the winter months, and having delicious breakfasts available.

Richard Break did the milling of the lumber for making bat boxes, repairing the shed, and possible other projects which will be for sale to help support the Co-op.

A few minutes of silence was observed to remember Pearl Sanderson and others from this community who passed away since the last AGM.

2. It was moved and seconded to set and accept the minutes as distributed from last year. The agenda was also accepted as circulated for this year's meeting.

3. Jennie Nice indicated we have 136 paid-up members.

4. Thank you Judy and team for getting the Barn Quilt Trail going. There is terrific support for it, and people are coming to view the quilts. This may help to carry over enthusiasm for a Nursing Station for Ryde.

We have also discussed the idea of iPods for seniors, the need of a business plan for the facility, and an agri-grant for more food-related projects.

5. Rising Sun update: The proposal is in the next and last stage of a contract being offered. It depends on the election of June 11.

4. There are 9 on the wood-working committee. Many are still behind on work in the area from last July 19, 2013 storm and possible small tornado.

5. Treasurer's Report – Ivan Speicher offered the update on our accounts. Expenses are about \$1000 more than income. When he takes out the BQ Trail, and \$900 owed to the District, the remainder is what we have left. Hydro bill now is \$3000 from Jan. – May.

- Bid Euchre gave \$2432.40 over the course of the year. This money is to go into the kitchen fund. The former Women's Institute (Housey's Rapids) gave \$1500. About \$3000 has been raised for the Kitchen Fund.

5. The revised By-laws were passed as read.

6. Voting for Provincial Elections, June 12, is here.

7. We are considered as a possible model for others as volunteers, and what volunteers can do for our community.

8. Three are stepping down from the Board of Directors: President Larry Peck (although he's still willing to do the cooking as available), Cheryl Cooper (Secretary), and Steve Bean (Facilities Director). There is a need for their replacements on the Board. Someone can be nominated after the meeting. Please think about who could help in their place.

9. Adjournment: 8:07p.m.

Next AGM – at the call of the Chair, May, 2015.

Location – Ryde Community Centre, 1624 Barkway Rd.

Respectfully Submitted,

Cheryl Cooper, Secretary

Date Accepted _____

Date Amended _____

 President's Signature

RYDE COMMUNITY CO-OPERATIVE INC.

“THE PLACE TO BE”

LOOKING TO THE FUTURE... A BUSINESS CASE FOR SUPPORT

EXECUTIVE SUMMARY

PREAMBLE:

There are many challenges facing the Town of Gravenhurst and specifically, Ryde Township, one of the rural centres that were amalgamated into the Town in 1971.

According to 2011 Census, Gravenhurst occupies 200 square miles but has a population density of only 58.5 per square mile. Due to the high concentration of people living in the town of Gravenhurst proper, Ryde has a much lower density per square mile. In the Muskoka Growth Strategy Report completed in 2013, the projected rate of Gravenhurst’s year round population is 1.0% per year resulting in an estimated 12,247 permanent residents in 2015. The annual growth rate of Gravenhurst’s seasonal population is 0.4%, resulting in an estimated number of 12,701 additional residents in 2015.

Based on projections found in the same report and the 2011 Census, It is estimated that in 2015, 21.1% of the population will be aged 65 years and over, which is a much higher demographic than the provincial average (approximately 15%).

Significant numbers of seasonal residents are choosing to retire to their summer residences as well as many retiring individuals are choosing the beauty and tranquillity of Muskoka to move to. This directly impacts Ryde Township which includes Kahshe and Riley Lakes. At the same time, the economic landscape of Muskoka is changing, with fewer employment opportunities outside of the service industry and a perpetual seasonal ebb and flow of jobs. There is a general migration of workers to larger urban centres where better employment opportunities exist. In 2013, Muskoka Algonquin Healthcare commissioned a report through a Community Services Capacity group who projected that by 2032 in Muskoka there will be a 64% growth in adults aged 65-75 and a 100% growth in adults aged 75+ years. At the same time, there will only be a 12% growth in adults aged 20 – 44 years and an actual 12% decrease in adults aged 45-64 years.

For home based health care in Muskoka, there may be anywhere from one week to 1 year waiting list for supports to keep people in their own homes. Due to availability and condition of current health care resources and facilities in the region and because many older adults on average live with three chronic diseases, general consensus is that there is not enough infrastructure in place to manage the present, let alone an acknowledged growth, nor are there

sufficient employment aged resources to provide the services needed. Anticipating an impending crisis Ontario has been working to transform health care and improve efficiencies through a health system re-development, with a greater emphasis on health and mental health promotion. Promotion addresses the population as a whole and directs action to minimizing risk factors associated with the social determinants of health. As well, promotion includes protective factors, urging the population to be more aware of risk factors and through better understanding, motivate them to self-manage their symptoms and adopt healthier, more active lifestyles. The focus is on enhancement of well-being rather than on illness.

Some common protective elements that alleviate both health and mental health issues are:

- Increasing access to community supports
- Social and cultural networks within the community
- A supportive environment
- Opportunities to serve as a volunteer
- Meaningful participation and feelings of belonging.

Given all of these factors, it becomes evident that the year round residents in Ryde Township are at risk due to:

- A higher than provincial average of number of persons over the age of 65
- The lack of public resources to support older adults to stay in their homes not only in Gravenhurst, but more significantly, in the rural, sparsely populated areas like Ryde
- A lower socio-economic status of many Ryde residents;
- An inclination towards isolation due to aging, health, mobility issues, inclement weather and transportation
- A lack of community mental health supports not only in Gravenhurst but specifically, Ryde Township

In 1973, the Fire Station # 3, which receives support from the Town of Gravenhurst, was built to protect the residences of the citizens of Ryde Township. The Ryde Community Co-op feels that the health and well-being of the community is every bit as important to the residents as access to protection for their homes.

Older Adult Centres:

In response to similar issues facing communities throughout Ontario, many municipalities have established Older Adult Centres. These are community facilities that facilitate a diversity of activities and services in response to the needs and interests of the local older adult population. Most Older Adult Centres are members of the Older Adults Centres Association of Ontario (OACAO). OACAO provides a range of services for member centres:

- Advocacy
- The development of consistent quality service standards for future accreditation process
- Training for the staff and volunteers
- An annual conference with education and networking opportunities.

An Elderly Persons Centre Act was developed and passed into legislation in 1990. Since then, the Ministry of Community and Social Services has initiated funding support to cover 50% of the

operating funds of any recognized Older Adult Centre. An audit list (Addendum 1) and application process is in place to qualify centres as a designated Older Adults Centre. Once approved, the Older Adult Centre can apply for the operating subsidy as well as one time special funding requests for capital improvement or equipment additions.

The Ryde Community Co-op became a member of the Older Adults Centre Association of Ontario in 2013.

In 2008, OACAO completed a profile of their then current member centres to determine the range of activities, the member profiles, the service statistics, the funding sources, and the issues facing them. “Building Bridges to Tomorrow: A Profile of Older Adult Centres in Ontario” highlighted several important factors:

- Only 15% of the members were under the age of 65
- Almost 20% of the members were below the poverty line
- Almost 25,000 volunteers contributed more than 1.6 million hours of volunteer work each year
- Centres operated by not-for-profit corporations tended to have 200 – 499 members while those operated by a municipality had much larger rosters
- The average cost per member to operate a centre was \$345 per member
- The not-for-profit centres tended to receive more provincial support than those operated by a municipality
- Transportation was listed as a major issue in enabling frail or elderly members to participate in centre activities
- A majority of the centres were open for regular programs 4 to 5 days per week
- Many centres were 20 years or older, build prior to 1980
- The top five issues facing centres were funding/fundraising, attracting younger seniors, recruiting volunteers, declining membership and attendance
- Common activities at centres were focused on arts, crafts, games, with an emerging shift to more fitness and health/ health promotion programs, and congregate dining/social engagement.

The Ryde Community Centre, operated by the Ryde Community Co-op, already shares many profile components with established Older Adult Centres.

The Ryde Community Co-operative Inc.:

In 1999, the Muskoka Board of Education closed the Ryde Public School and in 2000, the two room school became a community centre when the Town of Gravenhurst leased it from the school board for the benefit of the community. In July 2000, a community group took over responsibility for operating the centre. The group incorporated under the Co-operative Corporation Act and the Ryde Community Co-operative was born. A Co-operative is an organization that is owned by its members, operates on a democratic system that specifies “one member, one vote”. Consequently, all members of the co-op have equal say in how the organization is run, regardless of how much money they have invested in the co-op. The Ryde Community Co-op has worked diligently to transform a potentially derelict building into an

important and viable heart of the community. Today, the Centre offers a variety of social, learning and health related activities. A monthly “Ryder” newsletter is circulated to members throughout the community and keeps everyone apprised of what is happening in the upcoming month, not only in Ryde, but in the communities throughout Muskoka. The publication is well read and several members provide sponsorship and donations to ensure its continuation. As well, through a BEAM grant, the Co-op developed a web-site and they maintain Twitter, Facebook and Pintrest accounts. Ongoing activities include:

- Tai Chi
- Fresh Food Baskets
- Community Gardens
- Internet Café (Wi-Fi is installed)
- Dinners, lunches and breakfasts for a modest fee
- Bid Euchre
- VON S.M.A.R.T. exercise programs
- Wellness Initiative For Seniors Engaged (a clubhouse to promote self management and improved health and well-being)
- Self-sustainability workshops on foraging, dehydrating, straw bale construction, etc.
- Cooking classes
- Sewing classes
- Community kitchen meal preparations
- Education and self-interest workshops such as soap making
- Seniors Health Fairs
- Celebration of the history and 135th anniversary of the establishment of Ryde Township which has now been annualized into Heritage Day

The board of directors of the Co-op have established many effective partnerships with:

- Town of Gravenhurst
- Gravenhurst Chamber of Commerce
- District Municipality of Muskoka
- Seniors Secretariat – federally and provincially
- Older Adults Centres Association of Ontario
- Ministry of Health and LTC
- YWCA
- Teopoli – a Catholic mission made up of individuals, families, religious and priests
- Riley and Kahshe Lake Cottage Associations

After developing a Strategic Plan in 2014 - 2015, and in acknowledgement of how well aligned the goals and activities of the Ryde Community Centre are with the purpose and mandate of Older Adults Centres throughout Ontario, the Ryde Community Co-op is committed to meeting all of the qualification benchmarks of the Audit and Application process and seeking recognized status as an Older Adults Centre from the Ministry of Community and Social Services.

Strategic Initiatives:

The outcome of the Strategic Planning Process conducted in 2014 – 2015 included the development of three Strategic Initiatives with corresponding tactics to achieve. The goal of the board is to achieve all three initiatives over the next 3 – 5 years which will establish:

- A Mission Statement that is representative of the community and in keeping with the values of the Older Adults Centres
- Revised by-laws that meet the new ONCA guidelines with corresponding governance and operating policies and procedures
- Succession plan for the future
- Deliverable and sustainable framework for the Centre operations
- Achievable short term and long term goals that are measurable and consistent with provincial Older Adult Centres best practices

Initiatives:

Initiative 1: Develop and implement a centre sustainability plan

Initiative 2: Develop a People Plan of essential resources and what will be done to achieve the plan

Initiative 3: Develop and implement a sustainable funding framework that includes obtaining charitable status from Canada Revenue Agency

There is consensus among all of the current Directors and Officers of the board when it comes to guiding principles, values and vision: they have been entrusted to preserve the legacy of the Ryde Community Co-op and to ensure that “The Place To Be” in Ryde Township is sustainable; vibrant; responsive to community need, age diversity, ability and socio-economic status. This must be achieved by maintaining connection to the community who supports them – both Ryde Township and the Town of Gravenhurst.

Forecast for the Future:

Based on the Financial Statements of the Ryde Community Co-op for 2014 (Addendum 2) and statistics generated by the report “Building Bridges to Tomorrow – A Profile of Older Adults Centres in Ontario” *Sept 2007*, the following goals have been developed to bring the Ryde Community Centre more in line with other Older Adults Centres:

1. Bring the building up to municipal code and meet the audit list specifications for designated Older Adults Centres
2. Attain Charitable status from Canada Revenue Agency
3. Build a consistent, annual membership base of minimally 200 members
4. Establish a roster of minimally 30 volunteers to carry out the duties, responsibilities, activities and fundraising/events of the Centre
5. Develop an annual budget and corresponding revenue forecast that will meet operating costs of \$69,000 per year (based on a membership of 200 and the current

- average cost \$345 per member for Older Adult Centres in Ontario which will include key staff positions)
6. Negotiate long-term lease and operating subsidies with the Town of Gravenhurst
 7. Diversify categories of user fees and create sponsorship opportunities for increased community support
 8. Reduce volume of fundraising activity currently required to maintain Centre operations
 9. Increase revenue from other sources such as operating, project and capital grants, planned giving, donations and legacies
 10. Develop a core roster of regular activities, days and hours of operation and an annual plan of special or extra activities, workshops, education and health promotion.
 11. Increase number of activities that will encourage intergenerational participation.

Concluding Thoughts:

The Ryde Community Centre is the heart and hub for the citizens of Ryde Township. In view of the common protective elements for achieving overall health and mental health well-being within a community, Ryde Community Co-op is:

- Increasing access to community supports; the centre is a place to connect with, to navigate the myriad of municipal, district, regional and provincial services and especially in regards to health care; the centre is bringing a variety of health promotion and social connection opportunities
- The Centre is the social and cultural network within the community where members keep in touch with the wellbeing of other members who live there; there is awareness and intent to assist families and individuals who may be ill, frail, elderly, isolated and in need of food or shelter support due to their economic situation
- The Centre is a supportive environment, inclusive and accessible
- There are growing opportunities for people in the community to volunteer
- Everyone is welcome at the Centre and there are many activities or avenues of interest for members and non-members to choose from and participate while addressing issues of transportation to assist in their engagements
- The Centre is like a warm blanket of acceptance, respect, and inclusiveness – it is the Centre where everyone can belong to the family.

FINANCIAL REPORT

Ryde Community Co-Op Balance Sheet As of 31 December 2014

| | <u>31 Dec 14</u> |
|---------------------------------------|-------------------------|
| ASSETS | |
| Current Assets | |
| Chequing/Savings | |
| Business Investor Account | 3,979.80 |
| TD Chequing Savings | 19,852.38 |
| Total Chequing/Savings | <u>23,832.18</u> |
| Total Current Assets | 23,832.18 |
| Fixed Assets | |
| Equipment & Furniture | 5,099.94 |
| Total Fixed Assets | 5,099.94 |
| Other Assets | |
| GST Receivable | 637.92 |
| PST Receivable | 1,708.18 |
| Total Other Assets | <u>2,346.10</u> |
| TOTAL ASSETS | <u>31,278.22</u> |
| LIABILITIES & EQUITY | |
| Liabilities | |
| Current Liabilities | |
| Other Current Liabilities | |
| Agri Charter In Trust | 5,162.60 |
| Total Other Current Liabilities | <u>5,162.60</u> |
| Total Current Liabilities | 5,162.60 |
| Total Liabilities | 5,162.60 |
| Equity | |
| Opening Balance Equity | 14,409.41 |
| Net Income | 11,706.21 |
| Total Equity | <u>26,115.62</u> |
| TOTAL LIABILITIES & EQUITY | <u>31,278.22</u> |

Ryde Community Co-Op
Profit & Loss
January through December 2014

| | <u>Jan - Dec 14</u> |
|---------------------------------|-------------------------|
| Ordinary Income/Expense | |
| Income | |
| Activity Income | 141.00 |
| Advertising | 1,275.00 |
| Bank Interest | 5.99 |
| Barn Quilt/135 | 17,663.99 |
| BEAM Muskoka Community Network | 1,875.00 |
| District Municipality of Muskok | 7,887.40 |
| Donations | 1,307.56 |
| Fundraising | 7,031.91 |
| Memberships | 2,210.00 |
| Older Adult Centres | 2,500.00 |
| Rental Income | 331.08 |
| Sales of Co-op Articles | 465.00 |
| Town of Gravenhurst | 6,000.00 |
| Workshop Fees | 2,511.00 |
| Total Income | <u>51,204.93</u> |
| Gross Profit | 51,204.93 |
| Expense | |
| Admin Costs | 247.05 |
| Advertising and Promotion | 3,760.19 |
| Agricultural Charter | 3,837.40 |
| Bank Service Charges | 6.00 |
| Barn Quilt/135 Expenses | 12,618.43 |
| Computer and Internet Expenses | 212.05 |
| Donations & Sponsorships | 100.00 |
| Fundraising Expenses | 4,526.57 |
| Hall Supplies | 246.47 |
| Health Fair | 38.43 |
| Hydro | 4,274.17 |
| Insurance Expense | 1,673.47 |
| Membership Fees | 228.94 |
| Office Supplies | 855.04 |
| Repairs and Maintenance | 5,296.53 |
| Volunteer Appreciation | 257.97 |
| Workshop Expenses | 1,220.01 |
| Workshops | 100.00 |
| Total Expense | <u>39,498.72</u> |
| Net Ordinary Income | <u>11,706.21</u> |
| Net Income | <u><u>11,706.21</u></u> |

GRANTS AND PARTNERSHIPS REPORT

Through strategic partnerships with The Town of Gravenhurst, The District of Muskoka, the Gravenhurst Chamber of Commerce, the YWCA, OACAO and other organizations, the Ryde Co-op has networked to learn of grant opportunities.

Grants have specific criteria, and sometimes require matching funds and/or in-kind contributions. The Board of Directors works hard to optimize our chances of receiving funding to better serve our community.

Going forward with a long-term lease, we will have the opportunity to apply for bigger funding opportunities like the Trillium grants.

Grants received:

| Name of Grant | Purpose | Amount | Date |
|-----------------------|----------------------------|--------------------|-----------|
| Pay it Forward | Meet the Needs 1 | \$1,000.00 | Oct. 2013 |
| BEAM | Barn Quilt Website | \$1,875.00 | 2014 |
| BEAM | Ryde Co-op Website | \$1,875.00 | 2014 |
| OBQT | Barn Quilts | \$1,000.00 | 2014 |
| Pay it Forward | Fridge and Stove | \$1,550.00 | 2014 |
| Muskoka Futures | Barn Quilt Trail promotion | \$2,000.00 | 2014 |
| District of Muskoka | Community Garden | \$1,500.00 | 2013 |
| District of Muskoka | Food and Agri. Charter | \$1,000.00 | 2013 |
| OACAO | Seniors Information Fair | \$2,500.00 | 2014 |
| Terrence Haight | Toilets and bookshelves | \$2,100.00 | 2014 |
| Town of Gravenhurst | Barn Quilts and 135 | \$2,000.00 | 2013 |
| Terence Haight | Ramp, chairs and bars | \$1,500.00 | 2015 |
| OBQT Phase Two | 10 new quilts | \$500.00 | 2015 |
| Foodland/Heritage Day | purchasing local food | \$1,000.00 | 2015 |
| | Total | \$21,400.00 | |

Grants Pending:

| Name of Grant | Status | Amount |
|-------------------------------|-----------------------|--------------------|
| Foodland for Culture Days | Sent May 2 | \$500.00 |
| Enabling Accessibility | Submitted April 27 | \$22,100.00 |
| New Horizons for Seniors | Must have 5 yr. lease | \$25,000.00 |
| Seniors Community Grant | Submitted | \$3,000.00 |
| Summit Centre | Tentative | \$1,000.00 |
| Pay it Forward | Submitted April 28 | \$2,000.00 |
| Seniors Fair (Meet the Needs) | Submitted May 2 | \$2,000.00 |
| Agri Spirit | Submitted May 18 | \$5,000.00 |
| Healthy Community Partners | Submitted May 29 | \$30,000.00 |
| Trillium | Must have 5 yr. lease | |
| | Possible Total | \$90,600.00 |