

January 2015



1624 Barkway Road, Gravenhurst Ryde Community Co-operative Inc.

Working together in a co-operative way to be one voice and one community Find us at: www.rydecommunityco-op.com, www.facebook.com/RydeCoop or @RydeCoop



Happy New Year Ryde!

From the Ryde Directors – our wish for everyone to have a Happy New Year and the best for 2015!

The past year seems to have just flown by but as you think back over the past 12 months you will realize just how much has been accomplished in that time. The Coop has had a lot of TLC thanks to the work of a lot of people, and it shows!

We will be going into 2015 with a freshly painted meeting room housing our fledgling museum curated by Larry Peck and Janet Merkley; improved kitchen facilities managed by Chefs Larry and Anne: improved washroom facilities and free WiFi access, to highlight just a few of the changes. These are just some of the many changes that have occurred over the past 12 months. All of it happened because of the hard work of our volunteers, fund raising efforts supported by our community and members, as well as various grants obtained by the Co-op due mainly to the efforts of Judy Campbell. We are all coming out of 2014 feeling positive and energized by what has been accomplished. 2015 will be another great year and we are all anticipating wonderful things to come. We can do it because we get such terrific support from our members!

Save the Date! Heritage Day is Coming!

We had such a blast last year celebrating Ryde's 135th on that rainy August Saturday, that we had to try to top it this year. On Saturday, August 15th, join us for our first ever Ryde Heritage Day. We are pleased to announce that we have booked local country music star Grant Tingey and his band. For a sample of his music, check out this link: http://bit.ly/1txZ9c9 There will be great food, vendors and lots of exciting attractions for the whole family. Save the day so you can attend this event! We had some disappointed people last year who hadn't had enough advance notice!

Sunday Soup and Sandwich Lunch

Chef Larry invites you to join him at the Co-op after church on Sunday, February 8th for a soup and sandwich lunch for only \$5. These small lunches are going to be offered once per month over the winter as a way to extend your after church socializing

opportunity for an hour or so. See you at 12:15 for lunch!

WISE Seniors' Clubhouse

Sandra Winspear will be back with her popular Clubhouse program on January 9th. Join the Seniors' Clubhouse program which supports wellness, chronic disease management, socializing and games. Cost is \$3 and includes lunch.



Internet Café

687-5234 or email <u>ryde.coop@gmail.com</u>.

Beginning January 5th from 1 - 3 pm, join Jennie for Internet Café an opportunity to get some free assistance with your various devices. Now that the Co-op has free WiFi access we can connect

with all your wireless devices. Bring your laptops, smart phones, tablets and eReaders and we will work together to get you going on them. Specific classes can be arranged once the needs are determined. Coffee, tea and muffins will be available for a small fee. Dates, times and specific topics for future sessions will be determined at this time. Contact Jennie for information at 705-687-5234 or email ryde.coop@gmail.com.

Chili Cook-off

The much-coveted chili-cook-off aprons are ready our annual chili challenge! Dust off your best chili recipe and bring your creation to the Co-op. We'll all treat our taste buds to the variety of offerings and the favourite will prevail! The cost for members is \$5 per person if you bring a dish, or \$10 without. A family bringing chili and two children under 13 eats for \$20 and children under 5 are free. Contact Jennie to enter your prize-winning chili at 705-



W.I.S.E.

Upcoming Events

- Bid Euchre Starting Jan 7th every Wednesday at the RCC from 1 pm.
- **VON SMART Exercise program** starting Jan 5th - every Monday and Wednesday starting at 9:30 am.
- WISE Seniors' Clubhouse starting Jan 9th & 23rd - every second & fourth Friday from 12:30 – 3 pm. \$3/person
- Tai Chi and Qigong starting Jan 8th - every Thursday - 10:30 -11:30 am - \$2
- Internet Café Jan. 5th drop in from 1 -3 pm.
- Chili Cook-Off Jan 17th 5:30 pm
- Y's Senior Women Complimentary Art and Lunch Jan 28^{th} – 10:30 am to 1 pm
- Feb. 8th Soup and Sandwich Lunch - 12:15 - 1:15 pm. \$5 at the door.
- Valentine Brunch Buffet Feb 14th - 12:30 pm - \$15 Members Tickets will be available at Summerland at the end of January.
- Roast Turkey Dinner Feb 28th -5:30 pm - \$10 Members *Tickets* will be available at Summerland at the beginning of February.
- Sustainability Workshop "Cook Once, Eat for a Week" with Chef Larry - Mar. 8th 1 to 3 pm. Advance registration required -705-687-2406
- Sustainability Workshop "Straw Bale Construction" - Mar. 22nd 1 to 3 pm. *Advance registration* required - 705-687-2406

COMMUNITY NOTICES

• Holy Manger Anglican Church

• Starting in January, Services will be held on the first Sunday of each month at 1 pm.

• Ryde Free Methodist Church

• Winter Youth Retreat – February 6th, 7th and 8th. For information, please call the church.

• Summerland General Store

- The January monthly \$20 food basket order is due by Jan. 6th at 9 am and picked up on Jan. 15th. Bring boxes or bags.
- Starting Wednesday January 7th, weekly spaghetti dinners at 5 pm Summerland General Store.

Sustainability Workshops - Sundays in March and April

The Ryde Co-op is pleased to be continuing our Sustainable Living Workshops in partnership with the District of Muskoka. *Please register in* advance by calling Judy at 705-687-2406.

1. March 8th ~ Cook Once, Eat for a Week

Chef Larry will be demonstrating how to stretch your grocery budget over several meals by choosing ingredients that can be put together in different ways to create many meals. Taste samples of the meals will be provided. By spending one day preparing and cooking, you can have food ready in your freezer for future meals. If there is sufficient interest, another workshop will be offered where participants will make meals to take home.

Members: \$15 Non-members: \$25

- 2. March 22nd ~ Straw Bale Construction
- April 12th ~ TBA & 4. April 26th~ TBA



Membership Drive

The Ryde Co-op continues to grow and dream of bigger things. We rely on the on-going support of our wonderful community. Our membership not only supports our programming, but the numbers provide validity to our efforts to gain a long-term lease for the building.

Can we surpass 200 memberships in 2015? Can we reach 300? Help us by spreading the word! At only \$10, our memberships are the best deal in the area. Members enjoy lower fees for dinners and special programs that are offered. Members also

have access to the free and low-cost events that we host. (Membership at the seniors' centre in town is \$25). If you participate in our programs or you support having local and community based programming, please take the time to renew your membership or join the Ryde Co-op using the form below. We thank you for your ongoing support!

2015 Annual Membership Form	New Renewal
Please Print Clearly	
Name(s):	Membership Fee - \$10.00/person o \$20/family with children under 16 Number of members
Mailing Address:	Subtotal
Town: Postal Code:	Additional donation*
Telephone:	Total enclosed
Email:	_
*Your extra donation will help support programs for the communit and distribution of The Ryder newsletter. Please make cheque payable to Ryde Community Co-op Inc.	Office Use – Date and Initials Received by:



Great Moose Adventure is an outdoor education centre and yoga studio offering:

- Yoga with Becki Dickey for all ages
- Summer canoe tripping camps and day camps
- March Break, Holiday and P.A. Day camps
- All camps facilitated by qualified teachers

For info and upcoming events see: greatmooseadventures.com

1368 Housey's Rapids Rd | (705) 687-3903

Y's Senior Women Connect~Share~Learn



Complimentary Art and Lunch for Senior Women on January 28th at the RCC

No art experience necessary just a willingness to have fun and connect with other women.

Please RSVP to Sam Pollington at (705) 645-9827 or spollington@ywcamuskoka.com by January 26th

Friends of Ryde

Great Moose Adventures & Yoga North 705-687-3903

www.greatmooseadventures.com



LIVE

SUSTAINABLY

Ryde Centennial Free Methodist Church (705) 687-3005



Terry Pilger - Sales Representative (705) 644-1195



ERNMER CONSTRUCTION 705+687+2446

North Base Enterprises Foundations & Masonry Greg Keeling 705-801-5326

Autumnmist Goldens





Ryde Systems Randy Jorgensen (705) 687-9038



Gravenhurst KOA (705) 687-2333



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Mary Brittain



Seniors
Provider for DVA
Patient recovery
(for all ages)
Ph: (705) 687-5334 Fax: (416) 599-0550 muskokaseniors@cogeco.ca



Baby Sign Language Arleigh Luckett 705-687-1496



Summerland General

705-687-7776



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