

1624 Barkway Road, Gravenhurst
Ryde Community Co-operative Inc.

Working together in a co-operative way to be one
Find us at: www.rydecommunityco-op.com, www.facebook.com/RydeCoop or @RydeCoop



\$95,590.00 raised

The appeal was for money. The appeal asked people to turn on a dime and donate as soon as possible. Not only did they *turn* on a dime but they donated thousands of dimes!

With the help of our members, Friends of Ryde and the Town of Gravenhurst almost \$96 thousand dollars has been raised toward the goal of making the Ryde schoolhouse our permanent home. And it has all been done with a speed and

enthusiasm that takes our breath away.

On December 15, 2015 the Town of Gravenhurst announced a gift to us of \$25,000.00 from the *Terence Haight Community Endowment Fund*. If we need to apply for a mortgage, the Town will lend us up to \$25,000. The initial campaign to raise funds to purchase the property began on December 6, 2015. In the next 25 days the donations rushed in giving us, as of December 31, 2015, a total of \$95,590.00 which includes the gift from the Town.

On Dec. 17, 2015 we submitted a strong bid to the School Board and hopefully made it more attractive by including an early closing date with no conditions attached. It's only a few short weeks before a decision will be made. A school board meeting is scheduled for January 26, 2016 to discuss recommendations about the offers. We hope to know that day that we won the bid! Planning continues as we wait. And, we take a huge breath and shout out THANK YOU to all donors and volunteers who turned on a dime to help us.

Living a Healthy Life With Chronic Pain

The Chronic Pain Management program resumes on Thursday January 7th at the Co-op and will run for 3 more weeks - January 7th, 14th, and 21st. It is a healthy living series for older adults who face the challenges of conditions such as Arthritis, Migraines and Fibromyalgia just to name a few. It is being offered free of charge through a partnership between Local Self Management Programs and the Seniors Community Advisor Program with the District of Muskoka. The program will run for 2.5 hours per week for 6 weeks from 11:30 am to 2:00 pm and will include lunch. Please contact Lindsay or Lydia at 705-645-2100 ext. 199 to register and advise of any allergies or dietary restrictions.



Soup and Sandwich Lunch

Chef Larry is once again bringing us a great opportunity for a casual Sunday social. Soup and a sandwich are available for only \$5. Join friends and neighbours for a chat. This month join Barb Taylor in celebration of her 75th birthday.

Potluck Dinner

We're giving Chef Larry and Chef Anne a break! January 23rd is a Potluck Dinner! Bring your favourite dish to share and enjoy the dishes brought by others. We are asking that everyone brings something and we will supply the beverages. Potluck dinners are member only events - so don't forget to renew! \$5 per person and **no tickets are required**.



POTLUCK DINNER

Music Night in Ryde - Ryde's Homemade Jam

Join us Saturday, February 6th at 7 to 9 pm for an evening of folk, gospel and great Christmas music. Bring your instrument or just come and enjoy. Families are welcome. Admission is for members only but new members are always welcome. Memberships will be available for \$10 at the door. Light refreshments will be available and donations of refreshments will be greatly appreciated. Jams will be scheduled for the first Saturday of every month until April. For more information, please call Brian Gowanlock at 705-329-4010.



Upcoming Events

- ✓ Bid Euchre - Every Wednesday at the RCC from 1 pm.
- ✓ VON SMART Exercise program - Every Monday & Wednesday starting at 9:30 am.
- ✓ Tai Chi and Qigong - Thursdays - 10:30 - 11:30 am - \$2
- ✓ Music - Ryde's Homemade Jam - First Saturday of the month - 7 to 9 pm. Membership required. Family event. Fee: Donation
- ✓ Living With Chronic Pain - Jan. 7th, 14th & 21st - 11:30 am - 2 pm - Lunch provided - Free program but must register
- ✓ WISE Seniors' Clubhouse - Jan. 8th from 12:30 - 2:30 pm. Free lunch will be provided.
- ✓ Monthly Soup & Sandwich Lunch - Jan. 10th - 12 noon - \$5/person
- ✓ Potluck Dinner - Jan. 23rd - everyone brings a dish! \$5/person - members only - no tickets required.

COMMUNITY NOTICES

- **Holy Manger Anglican Church**
 - Services will be held on the first Sunday of each month in the winter.
- **Ryde Free Methodist Church**
 - This year's Winter Youth Retreat for teens ages 13-19 is Feb. 5, 6, and 7. The Band is 'The Walk' and Rev. Jenn Wagar returns as the speaker. Cost is \$60 for the weekend. Please call 705-687-3005 for details.
- **Summerland General Store**
 - The January monthly \$20 food basket order is due in cash on Jan. 5th at 9 am and picked up on Jan. 14th. Bring boxes or bags.
 - Spaghetti Suppers return beginning on January 6th at 5 pm.



Muskoka Mobile Health Hub
Coming to Ryde in 2016

January Fresh Food Baskets

Did you make a New Year's resolution to eat more fruits and vegetables? Take advantage of the Fresh Food Basket program offered through the District of Muskoka and with the support of Carrie and Ron at the Summerland Store. Please drop off your \$20 (cash only) to the Blue Store before 10 am on Tuesday, January 5th. Pick up will be on Thursday, January 14th. For a downloadable calendar please follow this link: <http://bit.ly/1zYziH2>



WISE Clubhouse for Seniors

The District of Muskoka provides us with this great free program with a healthy lunch included. This month we are pleased to welcome special guest Jennifer Grando, our Nurse Practitioner, who will present a program on hypertension. Join us for this educational program in a relaxed and social setting. Lunch is included! *If you have any suggestions for speakers, please contact us. If you are seeking information on services available to seniors, please contact Joan Clifford at 705-687-3505 or Susan Ward at 705-687-4553.*

VON SMART Fitness Classes

The challenge is on. We have lots of participants from Housey's Rapids, but where are our Barkway people? Come out and represent your neck of the woods! All are welcome. SMART is a balanced and tested, safe and effective program that gets results! Free for those 55 and over thanks to funding from the local LHIN and the VON and support from the Ryde Co-op.



It's Membership Time!

We will need your support more than ever in 2016 to move forward. Our yearly \$10 membership fee is a modest one. If you participate in our programs or you support having local and community based programming, please take the time to renew your membership or join the Ryde Co-op using the form below. We thank you for your ongoing support!

Ryde Community Co-op		2016 Annual Membership Form		New _____ Renewal _____	
<i>Please Print Clearly</i>					
Name(s): _____		Membership Fee - \$10.00/person or \$20/family with children under 16			
Mailing Address: _____		Number of members _____			
Town: _____ Postal Code: _____		Subtotal _____			
Telephone: _____		Additional donation* _____			
Email: _____		Total enclosed _____			
<p><i>*Your extra donation will help support programs for the community and distribution of The Ryder newsletter. Please make cheque payable to Ryde Community Co-op Inc. Mail to: Jennie Nice, 1043 Sam Cook Rd., Gravenhurst, ON P1P 1R3</i></p>					
<p>Office Use – Date and Initials Received by: _____ Card issued by: _____ Entered by: _____</p>					



yoga north

Great Moose Adventure is an outdoor education centre and yoga studio offering:

- Yoga with Becki Dickey for all ages
- Summer canoe tripping camps and day camps
- March Break, Holiday and P.A. Day camps
- All camps facilitated by qualified teachers

For info and upcoming events see:
greatmooseadventures.com
 1368 Housey's Rapids Rd | (705) 687-3903

Friends of Ryde

Great Moose Adventures & Yoga North
 705-687-3903
www.greatmooseadventures.com



Ryde Centennial Free
 Methodist Church
 (705) 687-3005



STEER NORTH
 Basement Waterproofing
 705.645.6792
www.steernorth.ca



Ryde Systems
 Randy Jorgensen
 (705) 687-9038



Gravenhurst KOA
 (705) 687-2333

North Base Enterprises
 Foundations & Masonry
 Greg Keeling 705-801-5326



Autumnmist Goldens
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 Wendy Pilger @705-687-4575
www.autumnmistgoldens.com



ERNMER
 CONSTRUCTION
 705-687-2446



Mary Brittain
 • Seniors
 • Provider for DVA
 • Patient recovery (for all ages)
 Ph: (705) 687-5334 Fax: (416) 599-0550
muskokaseniors@cogeco.ca



Baby Sign Language
 Arleigh Luckett
 705-687-1496

Mark Dulmage
RE/MAX 705-345 6789
markdulmage@gmail.com
www.thedoctormd.com



Summerland General
 705-687-7776
 Ron Post & Carrie Marriot

**Don't forget to
 renew your
 membership!**

Board of Directors Contact List 2015/16

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