

April 2020



At press time we have **no date set for re-opening**. Our great programs are set to re-start as soon as possible. This will include ASL, Digital Smarts, Ukelele and Nia classes. Please keep checking our webpage and Facebook accounts for updates.

## American Sign Language Classes

with Shannon Stark, R.H.N., LBA.

Have you always wanted to learn  
American Sign Language (ASL)?

**Learn:**

- the alphabet
- numbers
- vocabulary
- putting sentences together
- about deaf culture



### 6 Week Course (level 1)

Thursdays -> April 23, 30, May 7, 14, 21, 28 - 2020

6 p.m. - 8:00 p.m.

Ryde Community Co-operative  
1624 Barkway Road, Gravenhurst.

Your investment, \$90.00 with handouts included. No textbook required.

For more information or to register, contact:

[Shannonstark1@gmail.com](mailto:Shannonstark1@gmail.com)

\* Minimum 4 registered to run the program

The ASL program is deferred to re-opening, but you can register now.

## Community Notices:

**Holy Manger Anglican Church**  
Barkway Services on hold temporarily.

**Ryde Centennial Free Methodist Church**  
Worship Services Sundays at 11 am on hold temporarily.

**Hymn Sing** temporarily on hold

To all of our Neighbours and Friends:

Thoughts from behind a closed door.....

The Ryde Community, like the rest of the world, has pressed the pause button. What a wonderful opportunity of time that has been given to us. A time to reflect....what do you see in your "reflection"?

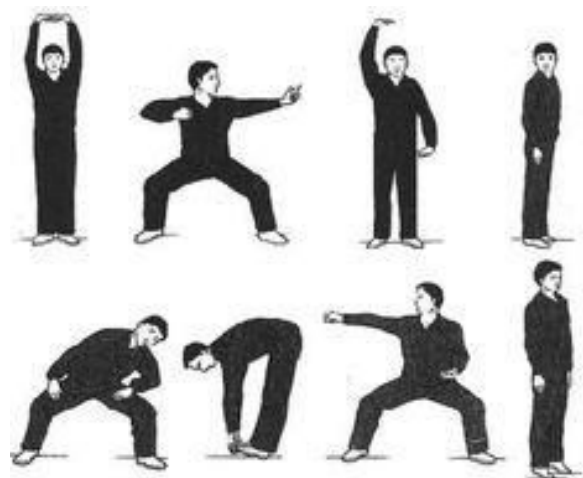
We, the Board of the Ryde Community Co-op, have been reflecting on the strength and determination of this community. The vision of a Community Centre where we can come together and share; be that food, knowledge, joy, laughter and even tears. Since its inception 20 years ago, the former empty school has transformed itself with new floors, new windows and lighting and we have raised the roof!! But we are more than bricks and mortar. We ARE "the Little Building with a Big Heart".

Our heart rate has slowed since we had to go into "Hibernation", but we have been busy and looking forward to our "Spring Awakening".

Thank you for your wonderful support, always.

Don't forget. Always remember: the Ryde Community Co-op is you.....you ARE the Ryde Community Co-op!

Nancy Cronin, Ryde Co-op President



## Ryde Community Co-op brings you Live Online Qui Gong with Shifu Janet Wilcox

Are you feeling guilty about not exercising? Do you feel like you need to stretch your body and relieve some of its tension? Come and join Shifu Janet as she takes you through Qui Gong's gentle and relaxing movements in your own home.

A gift for yourself!

Tuesdays and Thursdays at 9:30 a.m.

To participate you must download the Zoom app onto your computer or iPad. Don't worry, it's easy.

If you are interested email Shifu Janet Wilcox at [janet@stardateprojects.com](mailto:janet@stardateprojects.com). The number of participants is limited, so it will be on a first come basis.

## About Qui Gong

*Qui gong's gentle movements help to move blood and oxygen around the body, nourishing the organs and tissues promoting healing. In addition, due to the connection of the mind to the breath and physical movements, **qui gong** helps to calm the mind, relieving emotional stress and mental anxiety.*

**Done Right Property Services - (705) 687-3532**

### YOGA with Desarae

Will resume on alternate Tuesdays at  
7:00 \$12 for Members \$15 for  
Non-Members

Stay tuned....



**Digital Smarts:** A free program for adults. Light refreshments. Bring your own smartphone or tablet. "Loaner" tablets available. This program is set to resume when we get the "green light".

### WISE at Home - From the District of Muskoka:

We are asking participants to knit or crochet squares, 6 inches x 6 inches, with extra yarn they have around their homes. These squares can be in any colour, pattern, yarn or needle/hook size. The blankets will be connected together, once social distancing measures have ceased, to "Build a Blanket." These participant made blankets will be donated to long term care homes or organizations in Muskoka.

### Craft Nights

Our volunteer instructor, Ann Taylor, has a full menu of monthly craft lessons lined up as soon as the Co-op re-opens. Stay tuned for classes on making a flower box, rustic Canada flag, and more!

[annatmuskoka@gmail.com](mailto:annatmuskoka@gmail.com)



**EarlyON-** for children up to 6 and their caregivers at the Co-op. The EarlyOn program will run Fridays when the Co-op re-opens from 9:30 to 12:30.

GRAVENHURST



**NOW OPEN IN HISTORIC  
DOWNTOWN GRAVENHURST**

### Ryde Co-op Volunteer Board of Directors

The Ryde Co-op is a charity that seeks to remove barriers to full inclusion. If you or your family find the fee for any of our programs to be out of reach, please speak in confidence to any Board member.

[nancy.cronin@rydecoop.ca](mailto:nancy.cronin@rydecoop.ca)

[marc.mantha@rydecoop.ca](mailto:marc.mantha@rydecoop.ca)

[anne.myshok@rydecoop.ca](mailto:anne.myshok@rydecoop.ca)

[andrew.taylor@rydecoop.ca](mailto:andrew.taylor@rydecoop.ca)

[rebecca.hickey@rydecoop.ca](mailto:rebecca.hickey@rydecoop.ca)

[judy.campbell@rydecoop.ca](mailto:judy.campbell@rydecoop.ca)

President

Vice President

Treasurer

Director

Director

Secretary



Ryde Centennial Free  
Methodist Church  
(705) 687-3005

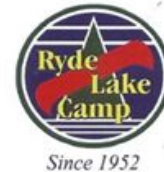


**Gravenhurst KOA**  
(705) 687-2333



**Great Moose Adventures  
& GMA Academy**  
705-687-3903

[www.greatmooseadventures.com](http://www.greatmooseadventures.com)



**Ryde Lake Camp**  
705-687-2912

[office@rydelakecamp.com](mailto:office@rydelakecamp.com)

[www.rydelakecamp.com](http://www.rydelakecamp.com)

GRAVENHURST



**NOW OPEN IN HISTORIC  
DOWNTOWN GRAVENHURST**



FASHIONS  
FOOTWEAR  
YARN

310 Muskoka Road South, Gravenhurst  
(705) 687-2771 • [www.TARASMUSKOKA.com](http://www.TARASMUSKOKA.com)



**PORTABLE TOILET RENTALS &  
SEPTIC TANK PUMPING**

• Washroom Trailers • White Wedding Units  
• Personal & Jobsite • Wheelchair Accessible

**705-646-5756 1-877-646-5756**

[www.callofthewildsanitation.ca](http://www.callofthewildsanitation.ca)



**RE/MAX**  
NORTH COUNTRY REALTY INC.

**Terry Pilger C.S.P.**

Sales Representative

405 Muskoka Rd S., Unit B  
Gravenhurst, ON P1P 1J8  
Direct: 705 - 644 - 1195

[tpilger@remax-muskoka.com](mailto:tpilger@remax-muskoka.com)

[www.TerrySellsMuskoka.com](http://www.TerrySellsMuskoka.com)



**JOIN CURLING**

**705-687-5531**

[Gravenhurstcurlingclub.com](http://Gravenhurstcurlingclub.com)

### BARKWAY FARMS

David & Tracy Pegg  
1043 Hopkins Road  
Gravenhurst, ON  
705-715-1500

[barkwayfarms@gmail.com](mailto:barkwayfarms@gmail.com)

Check us out on Facebook!



**North Base Enterprises**  
Foundations & Masonry  
Greg Keeling 705•801•5326

**MARK DULMAGE**

**RE/MAX**  
ORILLIA REALTY  
(1996) LTD. BROKERAGE

CALL MARK 24/7

**705.345-6789**

