



**Pancake Breakfast and Egg hunt this Saturday at 10:30!** A big thank you to Terry's Your Independent Grocer for sponsoring the breakfast and to Board Members Nancy and Andrew for cooking up a storm. Thank you to the Donkey Shack for providing some special guest bunnies for the kids to play with. \$5 for members, \$8 for non. Kids under 16 free.

**WISE Senior's Clubhouse - Friday, April 6** Come on out at 12:30 and enjoy friendship, learning and a delicious meal. This month's program features a special guest from Therapeutic Paws! This wonderful free program is brought to us by the District of Muskoka's Seniors Programs department. For more information please call Emily at 705-645-2100. Ext. 199

**Come and move your way to fitness with World Beat!! - Mondays at 5:00**

Nancy Knapp is offering dance and choreography as part of your fitness program. Steps can be modified as needed; move at your own pace. Nancy is trained in Zumba and choreography-based fitness programs. Classes are \$2 each. For more info please email Nancy at [endlessgifts@gmail.com](mailto:endlessgifts@gmail.com)

**NIA Class - Tuesday Mornings at 10**

This popular program is brought to us by the District of Muskoka. You must have registered by calling 705-645-2100 ext. 199.

**Preschooler's Playgroup at the Co-op -Friday, April 13 from 10:00 am to 11:30 am.** Bring your preschoolers for a social gathering including play, music, and stories. A healthy, nut-free snack is provided. For more information contact [rebecca.hickey@rydecoop.ca](mailto:rebecca.hickey@rydecoop.ca)

**Ryde Wilderness Explorers - Saturday, April 14-** Join Ontario Parks staff as we venture together into Queen Elizabeth 2 Wildlands Park. We will meet at the Co-op at 1:00 and car-pool to an accessible entry point. After a hike (approximately one hour) we will return to the Co-op for a snack. A small fee will apply to cover the snacks.

**Diabetes Clinic and Wellness Program - Wednesday, April 18.** This is a great morning of Health and Wellness and it is all provided free! You can join us for the SMART exercise class at 9:00 (today only) and then stay for a lunch that we will prepare together. Susan Haller from the Huntsville Nurse Practitioner Clinic will present a program on Healthy Living. As well, those who have diabetic related health issues can sign up for a one on one appointment with a Nurse and Dietitian from Orillia Soldiers' Memorial Hospital. Call to book: 705-325-7611 ext. 703

**Foot Care Cafe - Wednesday, April 25-9:00-12:30**

Thanks to a grant from Shoppers Drug Mart, we are able to offer Foot Care and Blood Pressure Cafes at a reduced rate of \$20. Registration is very limited. Come and have two important services delivered by qualified nurses Katherine Skelding and Nancy Cronin, and enjoy a hot beverage, snack and social visit as well. As a bonus, you can join the free SMART exercise class at 9:30! To book an appointment please call Nancy at 705-323-4021

## Upcoming Events

**Board Meeting** - Date TBD. Everyone is welcome.

**WISE Clubhouse** - Friday, May 4-Free Lunch!

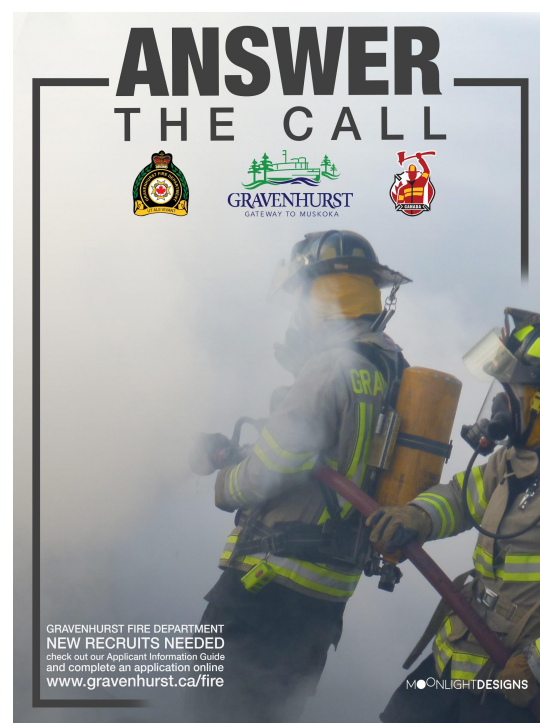
**Garage and Bake Sale** - Saturday, May 5 7:00 am-noon. Bring any donations to the Co-op on Friday, May 4 between 10 and 5

**Ryde Wilderness Explorers** - Saturday, May 12 1:00 pm

**Annual General Meeting and Plant Sale** - Saturday, June 2 10:00 am

## Fire Department Needs YOUR Help!

*Gravenhurst Station 3 in Ryde is in need of more firefighters to help meet the needs of our community. If you are over 18, in good physical condition and enjoy a challenge, please consider applying for the next recruit class which is scheduled to start in September. The department provides all equipment, good remuneration and transferable skills. For more information and to apply online, check the Town's website at: <http://www.gravenhurst.ca/en/fire/recruiting.asp>*



## Community Notices

**Summerland General Store** - Please have your \$20 delivered to the Summerland General Store by Tuesday, April 3 at 9:30. The next Fresh Food Basket will be delivered Thursday, April 12. Thanks to Carrie and Ron for their ongoing support of this program!

**Holy Manger Anglican Church** Winter church services are the first Sunday of the month at 1 pm.

**Ryde Centennial Free Methodist Church**  
Worship service Sundays at 11 am.

**Sustainability Workshops: Earth Day, Sunday, April 22- Queen Elizabeth 2 Wildlands Park** - Ontario Parks Staff will present a fascinating view of the history, wildlife and possibilities available in the second largest Provincial Park south of Algonquin; right in our own backyard! Cost for this program is \$5 for members and \$15 for non-members.

**Mothers' Day Kids Crafts - Saturday, April 28 at 2:00 to 3:30**  
Kids to create a Mother's Day card and gift. Please register with [rebecca.hickey@rydecoop.ca](mailto:rebecca.hickey@rydecoop.ca) so there are enough supplies for everyone. Cost is \$5 per child.

**Meat Loaf Dinner - Saturday, April 28 at 5:30**  
Good old comfort food prepared for you! Tickets available at Scotiabank April 3 to 25 for only \$10! Scotiabank will match the price of each ticket sold, so please support this fundraiser!

**Advanced Digital Photography - Sunday, April 29-1:00 to 3:00**  
Fred Schulz returns with a follow up to his previous workshop. This workshop will appeal to those who are ready to "step up their game". \$15 for members, and \$25 for non-members. Please email [judy.campbell@rydecoop.ca](mailto:judy.campbell@rydecoop.ca) to register.

**Ryde into Winter Gala Dinner Report**  
A huge thank you to Diane, Jan, Chef Larry and their Ryde into Winter team for raising **\$5,046.39** towards our Raise the Roof fund! This impressive amount is the result of a lot of teamwork and generous donations from a lot of people and especially Scotiabank in Gravenhurst, who matched the price of every ticket sold!  
The very good news is that it is going to happen again! Mark your calendars now for Saturday, November 17!



**Congrats to our Chili Cook Off Champs:** Chris Kerswell, Sue Hamilton and Diane Bradley! It was a tough contest with nine great chilis to choose from! Thanks to Ann Taylor for donating the aprons.

JOIN CURLING



[WWW.GRAVENHURSTCURLINGCLUB.COM](http://WWW.GRAVENHURSTCURLINGCLUB.COM)  
705687553

*Congratulations to Barb Taylor, winner of a breakfast for four at the Summerland Store. Barb renewed her membership! Have you? Only \$10!*

*Thank you to Melissa Boken of Kahshe Mechanical (705-801-5655) for plumbing services at the Co-op!*

Friends of Ryde

**Great Moose Adventures & Yoga North**  
705-687-3903  
[www.greatmooseadventures.com](http://www.greatmooseadventures.com)



Ryde Centennial Free Methodist Church  
(705) 687-3005



**JOIN CURLING**  
705-687-5531

[Gravenhurstcurlingclub.com](http://Gravenhurstcurlingclub.com)



**Don Wilton**  
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• PORTABLE RENTALS  
1-877-646-5756  
[callofthewildsanitation.ca](http://callofthewildsanitation.ca)



**Gravenhurst KOA**  
(705) 687-2333

**North Base Enterprises**  
Foundations & Masonry  
Greg Keeling 705•801•5326



**Terry Pilger - Sales Representative**  
(705) 644-1195



**Ryde Lake Camp**  
705-687-2912  
[office@rydelakecamp.com](mailto:office@rydelakecamp.com)  
[www.rydelakecamp.com](http://www.rydelakecamp.com)



**Baby Sign Language**  
Arleigh Lockett  
705-687-1496

**Mark Dulmage**  
RE/MAX 705-345 6789  
1-800-840-4246



**Summerland General**  
705•687•7776  
Ron Post & Carrie Marriot

Board of Directors

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Diane Duffy	Director	705-345-5111	<a href="mailto:diane.duffy@rydecoop.ca">diane.duffy@rydecoop.ca</a>
Anne Myshok	Treasurer	705-687-2911	<a href="mailto:anne.myshok@rydecoop.ca">anne.myshok@rydecoop.ca</a>
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Rebecca Hickey	Director		<a href="mailto:rebecca.hickey@rydecoop.ca">rebecca.hickey@rydecoop.ca</a>

Bookkeeper Needed for the Ryde Board ASAP

Please contact any Board member if you are willing to serve. Experience with Quickbooks recommended.