

Congratulations to Tracy Pegg, who is the winner of a pizza from Summerland General Store. Tracy is one of the over 150 members who have paid their 2019 membership. We rely on your support to continue with our programming. At only \$10 per adult, membership is the best deal in town! As a member, you have a vote at our AGM and receive a discount at selected events. You can download a membership form on our website and pay securely through PayPal.

### Upcoming and Ongoing Events

**Tai Chi** - Thursdays at 10:30  
**VON SMART exercise class** No classes on "snow days or Family Day, Feb. 18.  
**Bid Euchre** - Wednesdays from 1 to 3:30  
**WISE Program for 55+** - Tuesday, March 5 from 10:00 - 12:30.  
**Ryde Wilderness Explorers** - will resume in the Spring  
**Board Meeting** - Tuesday, February 12 at 5 pm at the Co-op

### Give your mind and body a boost!

**Minds in Motion** is a program that combines physical activity and mental and social stimulation for individuals with early to mid-stage Alzheimer's disease or other dementias, and their care partners. This program runs once a week for 8 weeks and offers a great environment to establish new friendships with others who are living with similar experiences.



A program of

**Alzheimer Society**  
MUSKOKA



This program is funded by the Ontario Trillium Foundation

#### LOCATION

Ryde Community Co-op  
1624 Barkway Rd, Gravenhurst, ON  
P1P 1R3

#### START DATE

Wednesday, February 6, 2019

#### TIME

1:00 p.m. to 3:00 p.m.

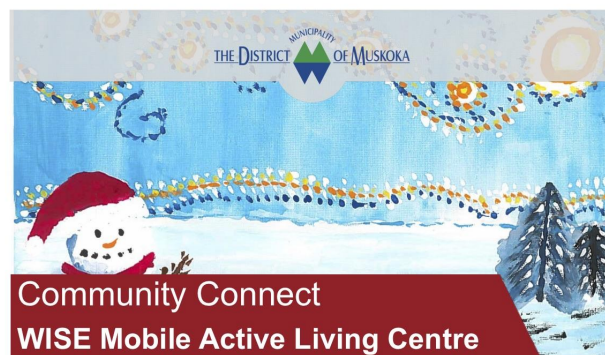
#### REGISTRATION FEES

\$20.00/person

To sign up as a participant or to learn more, please contact:

Deanna Lavigne  
Minds in Motion Coordinator  
705-645-5621 Extension 106

Delivered in partnership with



**Ryde Community Co-op**  
**1624 Barkway Rd, Gravenhurst**

**Tuesday, February 5 at 10:00 a.m.**  
Decoration Theme: Queen of Hearts  
DIY-Impressionism Painting

\*Topics and themes are subject to change

**Free! Anyone 55+ Welcome**  
**RSVP 705-645-2100 ext. 199**  
**[www.seniorsinmuskoka.ca](http://www.seniorsinmuskoka.ca)**



### Open Door with Mayor Paul Kelly

Friday, February 22 from 9 to Noon - This is your chance for a one-on-one with Paul. Do you have concerns, praise or questions? Bring them to the Co-op. No appointment necessary.

### EarlyON- Preschool Program

Friday, February 8 and 22 from 9:30 to 12:30

Don't miss this fantastic free program for early years enrichment! This is a pilot program so your support is needed. Art activities, play and social time for kids under six and their parents and caregivers!



### Community Notices

**Summerland General Store** - Gen and Andrew will continue to host the Fresh Food Basket program. Next due date is **Monday, February 4** for pick up on Thursday, February 14.

**Holy Manger Barkway** No service in February. Will resume March 3

**Ryde Centennial Free. Methodist Church** Worship service Sundays at 11 am. **February 1-3 2019 Winter Youth Retreat** for ages 12 and up. Meals, tobogganing and winter games. Parents can call the church at 705-687-3005 for more details and costs. **February 10, 2019 2:30 - 4:30 Community Toboggan Party** at Willa Cooper's farm at 1586 Barkway Road. Everyone in the community is invited, just contact the Church 705-687-3005 to let us know how many are coming. Tobogganing, camp-fire and hot dogs. **February 17, 7:00 pm - 8 pm. Community Hymn Sing** at the Church. Come out and sing your favorite hymns with others in the community





**Valentine's Day Crafts for Kids!**

We are planning a special event for kids and their caregivers to create something special for Valentine's Day. Please email [Rebecca.Hickey@rydecoop.ca](mailto:Rebecca.Hickey@rydecoop.ca) for details.

**Call for Volunteers!**

Volunteers sustain us and make our programs possible. Will you step up to assist?

**Heritage Day Committee**-Nancy Cronin has agreed to be our chair for this important event, to be held Saturday, August 17. Please contact her if you can help.

**Tuesday Morning Breakfast** - What to do when the Summerland Store is closed? How about brekkie at the Co-op? We need a few volunteers to make it happen once a month. Please contact any Board member if you are interested.

**Gravenhurst Winter Carnival**- We will be open on Friday, February 15 from 5 until 8 to show off our Museum and serve hot apple cider! Please drop in!

**Pot-Luck Dinner-Saturday, February 16 at 5:30**

Cook up your favourite dinner and bring it to the Co-op to share. Due to Health Board requirements, this is a members-only event, but memberships are available at the door. We will be charging \$5 per adult to cover beverages.



Email [Judy.Campbell@RydeCoop.ca](mailto:Judy.Campbell@RydeCoop.ca) to register.

**Coldest Night of the Year-Saturday, February 23-** This event raises money to support Gravenhurst Against Poverty programs including free meals for those struggling with food insecurity. To join the Ryde Walkers follow this link:

<https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?teamID=837266&langPref=en-CA> or email [Judy.Campbell@rydecoop.ca](mailto:Judy.Campbell@rydecoop.ca)



Ryde Centennial Free  
Methodist Church  
(705) 687-3005

**Board of Directors**

Your volunteer Board has been elected to represent you. Thank you for your trust! Speak to any member if you would like to join us.

Judy Campbell	President	705-687-2406	<a href="mailto:judy.campbell@rydecoop.ca">judy.campbell@rydecoop.ca</a>
Anne Myshok	Treasurer	705-687-2911	<a href="mailto:anne.myshok@rydecoop.ca">anne.myshok@rydecoop.ca</a>
Andrew Taylor	Tech Support	705-205-5769	<a href="mailto:andrew.taylor@rydecoop.ca">andrew.taylor@rydecoop.ca</a>
Lars Kristjansen	V-President	416-881-3332	<a href="mailto:lars.kristjansen@rydecoop.ca">lars.kristjansen@rydecoop.ca</a>
Nancy Cronin	Secretary	705-323-4021	<a href="mailto:nancy.cronin@rydecoop.ca">nancy.cronin@rydecoop.ca</a>
Rebecca Hickey	Director		<a href="mailto:rebecca.hickey@rydecoop.ca">rebecca.hickey@rydecoop.ca</a>

**Friends of Ryde**

**Great Moose Adventures**



**& Yoga North**

705-687-3903

[www.greatmooseadventures.com](http://www.greatmooseadventures.com)



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**JOIN CURLING**

705-687-5531

[Gravenhurstcurlingclub.com](http://Gravenhurstcurlingclub.com)



**Don Wilton**

- SEPTIC PUMPING
- PORTABLE RENTALS

1-877-646-5756  
[callofthewildsanitation.ca](http://callofthewildsanitation.ca)



**Gravenhurst KOA**

(705) 687-2333

**North Base Enterprises**

**Foundations & Masonry**

Greg Keeling 705•801•5326



**Terry Pilger C.S.P.**

Sales Representative  
405 Muskoka Rd S., Unit B  
Gravenhurst, ON P1P 1J8  
Direct: 705 - 644 - 1195  
[tpilger@remax-muskoka.com](mailto:tpilger@remax-muskoka.com)  
[www.TerrySellsMuskoka.com](http://www.TerrySellsMuskoka.com)



**Ryde Lake Camp**

705-687-2912

[office@rydelakecamp.com](mailto:office@rydelakecamp.com)

[www.rydelakecamp.com](http://www.rydelakecamp.com)

**G R A V E N H U R S T**



**Home  
hardware**

**BARKWAY FARMS**

David & Tracy Pegg  
1043 Hopkins Road  
Gravenhurst, ON  
705-715-1500

[barkwayfarms@gmail.com](mailto:barkwayfarms@gmail.com)  
Check us out on Facebook!



**Baby Sign Language**

Arleigh Luckett

705-687-1496

**Mark Dulmage**

**RE/MAX** 705-345 6789

1-800-840-4246



**Summerland General Store**

705-687-7776

Gen and Andrew Dickson

Closed Tuesdays