

February
2021

Ryde Co-op Partners with Gravenhurst Against Poverty to Provide Free Frozen Meals on Thursdays.

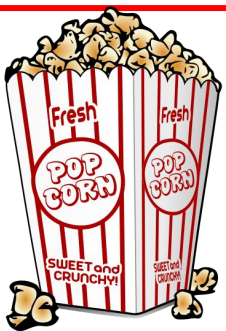
The Board is taking on a pilot project to deliver meals to combat food insecurity in Ryde. If you and your family could benefit from frozen meals and fresh produce delivered to your door by our amazing team of volunteers, please contact Judy.campbell@rydecoop.ca in confidence, or call 705-687-2406.



Happy Valentine's Day from the Ryde Co-op, the little building with the big heart!

Valentines Movie Night Treat Bucket for Kids!

Come to the Ryde Co-op on Tuesday, February 9th from 4 to 5:30 and receive a FREE bucket containing items to make a movie concession stand at home on Valentine's Day! This will be an outdoor, socially distanced pick up. Please RSVP to Rebecca.Hickey@rydecoop.ca to reserve your bucket.



Borrow a Board Game

Looking for something to do? There is now a borrow a game bin at the main entrance of the Co-op. Board games, Brain Teasers, puzzles, word searches, sudoku, books, and more! Feel free to borrow, have fun and bring them back. If you have games or puzzles that you are not using, please consider donating them to the collection! Please use the hand sanitizer provided inside the bin.

The Ryde Co-op thanks the Muskoka Community Foundation for generous funding for Family Support.

Community Notices

Ryde Centennial Free Methodist Church
Pastor Tim Richards 705-687-3005
www.rydefreemethodist.ca
Holy Manger Anglican Church Barkway
Reverend Heather Manuel
<https://balagravenhurstchurches.com>

Coldest Night of the Year 2021

We encourage you to join or sponsor our Ryde Walkers team in this important fundraiser for Gravenhurst Against Poverty. At press time our team is in fourth place amongst 32 Gravenhurst Teams! The Co-op plans to work more closely with GAP in 2021 to assist families and individuals in Ryde. This year the walk will be virtual, with options to join a group or walk independently. If there is interest, our team could walk from the Co-op on Feb. 20. Let's represent our community by sharing and caring. Please visit this site to donate or join.

walk.w-ith.me/Ryde



Some of Last Year's CNOY Team Members

2021 Co-op Memberships Now Available

We finished the year with almost 150 Co-op members! A great start for 2021. If you have already renewed, thank you. If you haven't yet done so, now is a great time.

A membership is only \$10 for individuals and \$20 for a family. Register on our website by choosing membership from the menu bar or click [here](#) if you are reading this online.

Done Right Property Services - (705) 687-3532

Special Information for Seniors in Ryde

The District of Muskoka provides many great free programs for seniors in Muskoka. To find out more click [here](#) if you are reading this on-line. To register for a program, please contact the District's information line at 705-645-2100 ext. 4199 or (toll free) 1-800-461-4215 ext. 4199.

Join us for a virtual event in support of the **Muskoka OSPCA** on **Tuesday, February 23 at 1:30 p.m.– 2:30 p.m.** on Zoom. Fun for all ages! This virtual intergenerational event will feature:

- Virtual Tour of the Muskoka OSPCA and meet some of the animals
- Furry Fitness with Katelynn

This event is free to attend, donations are encouraged. All contributions will go to the local Muskoka OSPCA. We will send you the Zoom Meeting ID after registration. Please register by Friday, February 19. If you wish to donate, [click here](#) to make a contribution.

The District will be facilitating a six-week **Chair Yoga** series, instructed by Danielle Ryan with **Lifestyle by Design**. This adapted form of yoga allows you to modify your yoga practice based on your health, mobility, and current ability level.

This program will run virtually on Wednesday mornings from **10:00 a.m. to 10:30 a.m.** beginning **Wednesday, February 10** and ending **Wednesday, March 17**.

Spaces are limited. Registration opens on Friday, February 5 at 8:30 a.m. Participants must call the Information Line to register and leave a message.

This month's Ryder Sponsor:



Gravenhurst KOA
(705) 687-2333

Ryde Co-op Volunteer Board of Directors

The Ryde Co-op is a charity that seeks to remove barriers to full inclusion. If you or your family find the fee for any of our programs to be out of reach, please speak in confidence to any Board member.

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Ryde Centennial Free
Methodist Church
(705) 687-3005



Gravenhurst KOA
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