

Ryde Community Co-operative Inc.  
1624 Barkway Road, Gravenhurst

*Working together in a Co-operative way to be one voice and one community.*

Find us at: [www.rydecommunityco-op.com](http://www.rydecommunityco-op.com), [www.facebook.com/RydeCoop](http://www.facebook.com/RydeCoop) or @RydeCoop



### Good news!

We are pleased to announce that we have received a New Horizons for Seniors grant from Service Canada for \$25,000 towards our Ryde Raise the Roof project! With the funds that we have already raised, we are over half way to the quoted price for the job. As well, we have been

notified that we were successful in our application for an Enabling Accessibility Grant in the amount of \$13,800 towards replacing our brittle, cracking floor tiles. 2018 will be a big year for the Ryde Co-op. Your Board of Directors has been hard at work applying for grants and planning for the future. Watch for more fitness classes, including Yoga and the long-awaited return of NIA and Sustainability Workshops. Please answer our call to serve on one of our Ad Hoc committees as a limited-time commitment. We would love to hear from anyone who would like to take on organizing a dinner. This is your Co-op, and teamwork has always been our theme!

### Aging Artfully - Tuesday, February 13 - Noon - 1:30 pm.

YWCA Muskoka and a grant from the provincial government bring this great free program to the Ryde Co-op! This workshop will be an introduction into hand drumming led by Gillian Thomas. It is a class for individuals of all skill levels and is intended for creating unity among participants through rhythm. Group drumming provides an outlet for self-expression and stress – and it just feels good! All instruments provided but feel free to bring your own drum if you have one! Lunch is included. Registration is limited. Please call Krishma Goraya at 705-645-9827 or register online at [goo.gl/XGwDBF](http://goo.gl/XGwDBF).

### Foot Care Café - Wednesday, February 14th - 9:30am - 12:00pm

Thanks to a grant from Shopper's Drug Mart, we are able to offer Foot Care and Blood Pressure Cafes at a reduced rate of \$20. Please register. Come and have two important services delivered by qualified nurses Katherine Skelding and Nancy Cronin, and enjoy a hot beverage and a snack. *To book an appointment please call Nancy at 705-323-4021*

### Pot - Luck Dinner - Saturday, February 17 at 5:30pm

One of our most popular meals, and you do the cooking! We invite you to prepare your favourite dish, which should serve at least six people. We will be charging \$5 per adult at the door to cover beverages and overhead. Children under 12 will be admitted free. Please note that this is a members only event, but memberships are available at the door for \$10. Bring your own dishes and cutlery.



**Kids painting class for Valentines Day - Thursday, February 8th at 6 - 7:30pm.** Please register with [Rebecca.hickey@rydecoop.ca](mailto:Rebecca.hickey@rydecoop.ca) and specify your child's age group, 6 and under or over 6. Class cost is by donation.

**Snowshoeing For Everyone at the Co-op (if there is snow) - Sunday, February 18th at 2pm.** Please register with [rebecca.hickey@rydecoop.ca](mailto:rebecca.hickey@rydecoop.ca) We will have some children's snowshoes available to borrow. Participation is by donation.

### Upcoming Events

- ♦ Bid Euchre – Every Wed at the Co-op from 1pm.
- ♦ VON SMART Exercise program – Every Monday & Wednesday starting at 9:30am.
- ♦ Tai Chi and Qigong – Thursdays 10:30 – 11:30am - \$2
- ♦ WISE Seniors' Clubhouse – Fri Feb 2nd - 12:30pm
- ♦ Ryde Knitters and Hookers – Fridays at Summerland – 10am - \$2
- ♦ World Beat - Monday, Feb 5th & 12th - 5pm - \$2
- ♦ Kids painting - Thurs Feb 8th - 6 - 7:30pm - by donation
- ♦ Aging Artfully - Tues Feb 13th - noon - 1:30pm
- ♦ Foot Care Café - Wed Feb 14th - 9:30 - noon - \$20
- ♦ Snowshoeing for everyone - Sun Feb 18th - 2pm - by donation
- ♦ Sustainability Workshop - Sun Feb 25th - 1 - 3pm - Members \$15 & Non-members \$25
- ♦ Board Meeting - Mon Feb 26th - 10:30am at the Co-op

### COMMUNITY NOTICES

**Don't forget to renew your membership for 2018. \$10 a person.**

#### • Summerland General Store

February monthly \$20 food basket is due Tues 6th by 9 am and picked up on Thurs 15th. Download schedule here: <http://bit.ly/2vKbXz6>

#### • Holy Manger Anglican Church

Our church remains, with services on the first Sunday at 1pm each month during the winter. Summer Sunday services will be posted in the Spring.

#### • Ryde Centennial Free Methodist Church

Worship service Sundays at 11am.

### Thank you!

To Kevin Doucette of **Timber Muskoka** (705-801-6132) and Jeff and Lindsay Leney of **Your Local HVAC Team** (705-205-2119) for their generous donations of service.

### Sustainability Workshops are back! Sunday, February 25th, 1 - 3 pm

Member Catharine Daly will share her secret recipe for Chicken Wellingtons. Wow the guests at your next dinner party with this splendid dish. Participants will prepare and take home four portions. Cost is \$15 for members and \$25 for non-members, plus a \$5 materials charge. To register please call 705 - 687 - 2406 or email [judy.campbell@rydecoop.ca](mailto:judy.campbell@rydecoop.ca). Registration is limited to ten participants.

### WISE Senior's Clubhouse - Friday, February 2nd - 12:30pm

Come on out to enjoy friendship, learning and a delicious meal. This month's program theme is the Olympic Games. This wonderful free program is brought to us by the District of Muskoka's Seniors Programs department. For more information please call Nancy Gosse at 705-645-2100.

### Summerland General Store

The next \$20 basket order is due February 6th, by 9:00am in cash to the Summerland Store. Baskets will be available for pick up on Thursday February 15th. Thanks to Carrie and Ron for their ongoing support of this program!

<http://bit.ly/2vKbXz6>

### Come and move your way to fitness with World Beat!! - Monday, February 5th & 12th - 5pm

Nancy Knapp is offering dance and choreography as part of your fitness program. Classes will be Monday evenings at 5pm. Classes are \$2 each. For more info please email Nancy at [endlessgifts@gmail.com](mailto:endlessgifts@gmail.com)

### Call for Committee Members

This is your chance to step up and help your Co-op by serving on an ad-hoc committee in 2018. Contact any Board member for more information!

- Christmas Bazaar - tentative date Saturday, November 17.
- Heritage Day - Saturday, August 18-let's make it even bigger and better!
- Housing Plan - there is a need for barrier free, low cost housing in Ryde. The possibilities are endless. We need your ideas!



Ryde Centennial Free  
Methodist Church  
(705) 687-3005

### Board of Directors Contact List 2018

**Judy Campbell** President 705-687-2406 [judy.campbell@rydecoop.ca](mailto:judy.campbell@rydecoop.ca)

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**Amy Heighington** Secretary 705-330-6348 [amy.h@rydecoop.ca](mailto:amy.h@rydecoop.ca)

**Anne Myshok** Treasurer 705-687-2911 [anne.myshok@rydecoop.ca](mailto:anne.myshok@rydecoop.ca)

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**Rebecca Hickey** Director [rebecca.hickey@rydecoop.ca](mailto:rebecca.hickey@rydecoop.ca)

**Nancy Cronin** Director 705-323-4021 [nancy.cronin@rydecoop.ca](mailto:nancy.cronin@rydecoop.ca)

## Friends of Ryde

### Great Moose Adventures



**& Yoga North**  
705-687-3903

[www.greatmooseadventures.com](http://www.greatmooseadventures.com)



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### Gravenhurst KOA

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### North Base Enterprises

Foundations & Masonry

Greg Keeling 705-801-5326



Terry Pilger - Sales

Representative

(705) 644-1195



### Ryde Lake Camp

705-687-2912

[office@rydelakecamp.com](mailto:office@rydelakecamp.com)

[www.rydelakecamp.com](http://www.rydelakecamp.com)

G R A V E N H U R S T



### Kubota North



Your Muskoka, Parry Sound & Haliburton Dealer

[www.KubotaNorth.com](http://www.KubotaNorth.com)

Ph: 705-645-1175

Find Us Under The Silo

1677 Winhara Rd.

Gravenhurst,

Muskoka, ON



### Baby Sign Language

Arleigh Luckett

705-687-1496

### Mark Dulmage

RE/MAX 705-345 6789

1-800-840-4246



### Summerland General

705-687-7776

Ron Post & Carrie Marriot

Happy  
Valentine's  
Day