January 2019



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The Place to Be!

<u>www.rydecommunityco-op.com</u> <u>www.facebook.com/rydecoop</u> @rydecoop





### Free Family Pizza and Games Night

Thursday, January 10th from 5:00 pm to 7 pm. Spend some quality time playing Board Games and making Lego creations with family and friends. Delicious pizza from the Summerland Store will be served for dinner. This program is made possible by a generous donation from Muskoka Community Foundation.

Please register by emailing Rebecca.Hickey@rydecoop.ca

**EarlyON- Preschool Program** Friday, January 11 from 9:30 to 12:30

Don't miss this fantastic free program for early years enrichment! Art activities, play and social time for kids under six and their parents and caregivers!





Budgeting, Banking & Estate Planning Workshop

Education in Advanced Care Planning, will preparation,

budgeting advice, and banking tips.

Sessions facilitated by:

Shawna Torkoff (Alzheimer's Society of Midland)

David Kindy (Investors Group)

Ryde Community Co-op, 1624 Barkway Road, Gravenhurst Monday, January 14 and 21, 2019 1:00 p.m.—3:00 p.m.

Free! Anyone 55+ Welcome RSVP 705-645-2100 ext. 199 www.seniorsinmuskoka.ca



## Upcoming and Ongoing Events

Tai Chi - Thursdays at 10:30
VON SMART exercise class Resuming
January 7 No classes on "snow days".
Bid Euchre- Wednesdays from 1 to 3:30
WISE Program for 55+ - Tuesday,
February 5 from 10:00 - 12:30.
Ryde Wilderness Explorers - will
resume in the Spring



**Ryde Community Co-op** 

1624 Barkway Road, Gravenhurst

Tuesday, January 15 at 10:00 a.m.

Theme: Art Attack

Deaf Access with Aussa Penniall

\*Topics and themes are subject to change

Free! Anyone 55+ Welcome RSVP 705-645-2100 ext. 199 www.seniorsinmuskoka.ca



## **Community Notices**

Summerland General Store -Gen and Andrew will continue to host the Fresh Food Basket program. Next due date is **Monday**, January 7 for pick up on Thursday, January 17.

**Holy Manger Barkway** Winter services will be first Sundays of the month. Sunday, January 6 at 1:00 pm.

Ryde Centennial Free. Methodist Church Worship service Sundays at 11 am. February 1-3 2019 is our Winter youth Retreat for ages 12 and up. The event will include meals, tobogganing and a winter games. Parents can call the church at 705-687-3005 for more details and costs.

February 10, 2019 is the Community Toboggan Party at the Cooper Farm (weather permitting). The event will start at 2:30 pm and go to 4:30 pm. Everyone is invited but are asked to call the church 705-687-3005 to let us know they are coming and how many people they are bringing with them.

## Join us for \$5 Spaghetti Dinner!

Saturday, January 19 at 5:30 Let's get together for a casual dinner of spaghetti,

salad and garlic bread!



Please RSVP to <u>Judy.campbell@rydecoop.ca</u> (705-687-2406) by Thursday, January 17 so that we will have enough food. Pay at the door and please bring your own plates and cutlery.



CALL 705-325-7611 EXT 703 FOR A FREE ONE ON ONE HEALTHY DIET/LIFESTYLE APPOINTMENT

AT THE WELLNESS WORKSHOP
WE WILL PREPARE AND ENJOY A
HEALTHY SUNSHINE/BBQ LUNCH
TOGETHER. REGISTER BY SIGNING UP AT
THE CO-OP OR EMAIL
JUDY.CAMPBELL@RYDECOOP.CA



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# Great Moose Adventures



& Yoga North 705-687-3903

www.greatmooseadventures.com

#### **Board of Directors**

We thank Sandy Dulmage and Spike Barkshire for their service to the Board and wish them well as they take leaves of absence in 2019.

Judy Campbell President
Anne Myshok Treasurer
Andrew Taylor Tech Support
Lars Kristjansen V-President
Nancy Cronin Secretary
Rebecca Hickey Director

705-687-2406 705-687-2911 705-205-5769

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#### Friends of Ryde

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& Yoga North 705-687-3903

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Ryde Centennial Free Methodist Church (705) 687-3005



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Baby Sign Language
Arleigh Luckett
705-687-1496

Mark Dulmage **RE/VIX** 705-345 6789 1-800-840-4246



## Summerland General Store

705-687-7776

Gen and Andrew Dickson Closed Tuesdays