

June 2020

Ryde Co-op
COVID-19 Relief
Program



www.rydecommunityco-op.com www.facebook.com/rydecoop @rydecoop

Volume 18 Issue 6
Published monthly by the
Ryde Community Co-op
1624 Barkway Rd.
P1P 1R3



**Our little free pantry is open
24/7.
Please help yourself!**

Funded by the
Government of Canada's
New Horizons for Seniors Program



**United Way
Centraide
Simcoe Muskoka**

The Ryde Co-op Board of Directors is committed to serving our members and neighbours. We have been granted \$5000 from the Provincial Government via the District of Muskoka specifically to assist with COVID-19 relief.

In addition we have received a generous donation of grocery cards through the Government of Canada and the Good Food Access Fund, and \$5000 to help seniors, funded by the Government of Canada's New Horizons for Seniors Program via United Way Simcoe Muskoka.

This issue of the Ryder is to provide information that may be essential to our community. If you are experiencing food insecurity, financial distress or isolation, please reach out to any Board member in total confidence. Do you need hand sanitizer? A mask? Let us know. Please read through this issue carefully and share with any neighbour that you think may be able to benefit.

We will all pull together in this time of crisis and emerge RYDE STRONG!

For assistance from the Board please call:

Nancy Cronin 705-323-4021

Marc Mantha 416-272-6293

Judy Campbell 705-687-2406

Frozen Meals from Red Cross

Individual servings delivered.
Approximately \$67 for 12 meals.
705-721-3313 x 5267

**The Ryde Co-op can help with
funding for this program.**

Grocery & prescription delivery.
Caretation Volunteers
705-710-4542
gravenhurst2020@gmail.com

Community Notices:

Holy Manger Anglican Church
Barkway Reverend Heather Manuel
705-687-4624
balagravenhurstchurches.com
Ryde Centennial Free Methodist Church Pastor Tim Richards
705-687-3005
www.rydefreemethodist.ca

Doors Close Doors Open

It is with open hearts we look forward to new and exciting future together. I have always felt it is a little building with a big heart; symbolic of the strength of the human spirit that beats in the heart of this community and those that surround.

“And the Beat Goes On”

We are so looking forward to an exciting new future at the Ryde Community Co-op. Imagine. Anew, together. -Nancy, President

The Orvis family have made over 500 masks and distributed them to individuals, organizations and businesses in Muskoka. The Co-op has given the family supplies and they are making masks for FREE for anyone in our community. What an amazing giveback!

Contact Miranda at 705.641.9995 to order masks for your family OR help yourself to one from the Co-op pantry.

Adult and kids sizes available.

Done Right Property Services - (705) 687-3532



Although our building is closed, free WiFi is available just outside the co-op building. No password or login is required. If the service is down please let us know.

Tablet Lending Program for Seniors

All the information that is out there online is no good to those in our area who have limited internet service and/or no device to access it. If you are in this position, we may be able to help with some Federal funding through the New Horizons for Seniors program and our partnership with YWCA Muskoka and other organizations. Please contact Judy (705-687-2406) to get your name on the list.

Normally we would be holding our **Annual General Meeting** in June, but under the Ontario Corporations Act, we are governed by an Emergency Order which addresses the time frame in which AGMs must be held. The Emergency Order provides a 90 day extension for the holding of an AGM which would otherwise be required to be held during the "period of the declared emergency" – the AGM must instead be held within 90 days of the termination of the emergency. Our 2019 financials will be posted on our website shortly.

CONSTRUCTION OF A NEW STRONGER SELF SERIES TWO

3 FREE ONLINE WORKSHOPS ON ZOOM
FACILITATED BY MARIA DUNCALF-BARBER
Therapist, Educator, Motivational Speaker

WORKSHOP 1 - WED. JUNE 10, 11AM-12:30PM
NAVIGATING EMOTIONS AND MENTAL HEALTH DURING COVID 19
• PERSONAL PRESCRIPTION FOR WELLBEING
• MAKING YOU THE PRIORITY



WORKSHOP 2 - WED. JUNE 17, 11AM-12:30PM
LIFE CHANGES
• WHOSE LIFE IS IT ANYWAY?
• EMOTIONAL INTELLIGENCE
• LIVING A MEANINGFUL LIFE



WORKSHOP 3 - WED. JUNE 24, 11AM-12:30PM
VISIONING YOUR FUTURE
• RESETTING YOUR WANTS/NEEDS
• CREATING A CLEAR VISION FOR WHATS NEXT!

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www.callofthewildsanitation.ca



Ryde Co-op Volunteer Board of Directors

The Ryde Co-op is a charity that seeks to remove barriers to full inclusion. If you or your family find the fee for any of our programs to be out of reach, please speak in confidence to any Board member.

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judy.campbell@rydecoop.ca

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Vice President
Treasurer
Director
Director
Secretary



Ryde Centennial Free
Methodist Church
(705) 687-3005



Gravenhurst KOA
(705) 687-2333



**Great Moose Adventures
& GMA Academy**
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www.greatmooseadventures.com



Ryde Lake Camp
705-687-2912
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www.rydelakecamp.com

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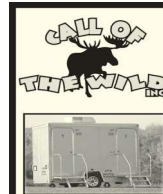


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