



Valentine's Day Crafts at the Co-op!

YOGA with Desaree Doolittle

Tuesday, March 5th at 7:00

\$12 for Members & \$15 for Non-Members

To ensure there is enough room,
please RSVP to rebecca.hickey@rydecoop.ca

EarlyON- Preschool Program

Friday, March 8 and 22 from 9:30 to 12:30

Don't miss this fantastic free program for early years enrichment! This is a pilot program so your support is needed. Art activities, play and social time for kids under six and their parents and caregivers!



Upcoming and Ongoing Events

Tai Chi - Thursdays at 10:30

VON SMART exercise class Monday and Wednesday mornings at 9:30. Free for ages 55 and up. No classes on "snow days"

Bid Euchre- Wednesdays from 1 to 3:30

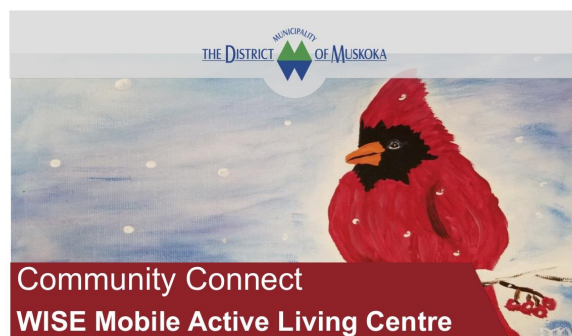
WISE Program for 55+ - Tuesday, March 5 from 10:00 - 12:30

Minds in Motion class for people with dementia and their caregivers-ongoing Wednesdays from 1 until 3. Call Deana at 705-645-5621 Ext. 106

Ryde Wilderness Explorers - will resume in the Spring-See you for snowshoeing on March 10!

Board Meeting - Tuesday, March 19 at 5 pm at the Co-op

Public Consultation on Gravenhurst operating budget (including funding for our Co-op) Saturday, March 30 at 9:30 at Town Hall.



Ryde Community Co-op

1624 Barkway Road, Gravenhurst

Tuesday, March 5 at 10:00 a.m.

Decoration Theme: Monopoly
Smartphone Photography

*Topics and themes are subject to change

Free! Anyone 55+ Welcome
RSVP 705-645-2100 ext. 199
www.seniorsinmuskoka.ca



Community Notices

Summerland General Store -Gen and Andrew will continue to host the Fresh Food Basket program. Next due date is **Monday**, March 4 for pick up on Thursday, March 14.

Holy Manger Barkway Service
Sunday, March 3

Ryde Centennial Free. Methodist Church Worship service Sundays at 11 am. March 3rd Family Toboggan Party. Moved from February 24th due to weather. 1586 Barkway Rd. 2:30-4:30 pm. March 17th Hymn Sing 7:00 pm. Singing all those Hymns we love to hear.

Family Snowshoe Excursion Sunday, March 10 1-3 p.m.

Bring your snowshoes and join us for a hike into the fields and forests behind the Co-op.
Hot chocolate will be served upon our return & some fun snow activities.
Admission by donation.





Chili Dinner
Saturday, March 23 at
5:30 p.m.
 \$5 per adult and children
 under 12 eat free!
 Please bring your own
 plates and cutlery

To ensure that we have enough chili, please RSVP to
Judy.Campbell@RydeCoop.ca by Thursday, March 21.

RYDE COMMUNITY CO-OP
 1624 BARKWAY RD.

FREE VON SMART EXERCISE CLASSES FOR OLDER ADULTS

TRAINED VOLUNTEER LEADERS INSTRUCT A GENTLE BUT EFFECTIVE PROGRAM WITH PROVEN RESULTS!

MONDAYS AND WEDNESDAYS
9:30-10:30 AM

EMAIL JUDY.CAMPBELL@RYDECOOP.CA

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Your volunteer Board has been elected to represent you. Thank you for your trust!			
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 Great Moose Adventures
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Summerland General Store
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 Closed Tuesdays