

March 2020

The Place to Be!

[www.rydecommunityco-op.com](http://www.rydecommunityco-op.com) [www.facebook.com/rydecoop](https://www.facebook.com/rydecoop) @rydecoop

WISE Mobile Active Living Centre



### Community Connect

Seniors Programs and Services

Free  
Ages 55+  
Welcome!

**Topic:** Blind Contour Drawing and Painting

**When:** Tuesday, March 3, 2020  
10:00 a.m. - 12:00 p.m.

**Where:** Ryde Community Co-op  
1624 Barkway Road



**RSVP:** (705) 645-2100 ext. 4199

**Learn more:** [www.muskoka.on.ca/seniorsprograms](http://www.muskoka.on.ca/seniorsprograms)

Bob Beech, a local resident, lost his home and suffered burns in a fire on February 19. Please attend our pot-luck fundraiser, with admission by donation. Due to health regulations, admission is for members only.



RYDE COMMUNITY  
CO-OP

**Pot Luck Supper**  
Thursday, March 26  
5:30 p.m.

Bring a dish to share  
A benefit for Bob Beech  
Admission by donation  
Children under 12 free  
RSVP

[Judy.Campbell@RydeCoop.ca](mailto:Judy.Campbell@RydeCoop.ca)



**Members Only** - \$10 memberships available  
at the door. Please bring your own dishes.  
1624 Barkway Rd.

### Ukulele Workshop for Beginners

Instructor: Marc Mantha

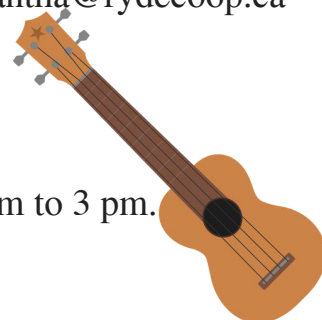
Your own ukulele is required. Class size limited. It's the most casual and fun instrument to learn and play. The ukulele is always great for entertaining friends and family or strumming around the campfire. Learn how to strum and play basic chords at the first workshop! A few basic chords apply to thousands of songs, and it's fun! Start your own adventure in music at the Ryde Community Co-op. [Marc.Mantha@rydecoop.ca](mailto:Marc.Mantha@rydecoop.ca)  
416-272-6293

Enrolment \$15 for 6 weeks

Ages 12 and up

Sunday Afternoons from 2 pm to 3 pm.

March 1 to April 5, 2020



## Health and Wellness



**FOOD AND MOOD**  
**WEDNESDAY, MARCH 18**  
**10 AM TO 1 PM**

**MARCH IS NUTRITION MONTH**  
**PREPARE AND ENJOY A**  
**HEALTHY SEASONAL MEAL**

**REGISTER BY EMAIL**  
**[JUDY.CAMPBELL@RYDECOOP.CA](mailto:JUDY.CAMPBELL@RYDECOOP.CA)**

**North Muskoka**  
Nurse Practitioner-Led Clinic

FREE! | [RYDECOMMUNITYCO-OP.COM](http://RYDECOMMUNITYCO-OP.COM)

### Community Notices:

**Holy Manger Anglican Church Barkway**

Service March 15 at 1:00 pm

**Ryde Centennial Free Methodist Church**

Worship Services Sundays at 11 am. **Hymn**

**Sing** Sunday, March 22

**Heritage Day Planning Meeting** for all  
who are interested in helping out.

Wednesday, March 25 at 10:30 am. This is  
a major event for the Co-op. We are 20  
years old in 2020!

Please come out and share your ideas!



**Done Right Property Services - (705) 687-3532**

### YOGA with Desarae

Alternate Tuesdays, March 10  
and 24 at 7:00  
\$12 for Members \$15 for  
Non-Members



**Craft Night**  
**Wednesday,**  
**March 11**  
**from 7 to 9**  
**pm**



**REVERSIBLE BLOCKS –Easter/St Patrick's Day**  
Using small wooden blocks, we will create two whimsical  
holiday greetings using decoupage, painting and  
stenciling techniques. \$20 for members and \$25 for  
non-members. To book your spot contact  
[annatmuskoka@gmail.com](mailto:annatmuskoka@gmail.com)



**EarlyON-** for  
children up to 6 and  
their caregivers at  
the Co-op. The  
EarlyOn program will  
run every Friday  
from 9:30 to 12:30.



Camping for girls ages 9 to 16. Registration for Summer 2020 is happening now.  
Subsidy available. Contact Fran 705-684-9813 or [office@rydelakecamp.com](mailto:office@rydelakecamp.com)



### **Ryde Co-op Volunteer Board of Directors**

The Ryde Co-op is a charity that seeks to remove barriers to full inclusion.  
If you or your family find the fee for any of our programs to be out of  
reach, please speak in confidence to any Board member.

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**Ryde Centennial Free  
Methodist Church**  
(705) 687-3005



**Gravenhurst KOA**  
(705) 687-2333



**Great Moose Adventures  
& GMA Academy**  
705-687-3903  
[www.greatmooseadventures.com](http://www.greatmooseadventures.com)



**Ryde Lake Camp**  
705-687-2912  
[office@rydelakecamp.com](mailto:office@rydelakecamp.com)  
[www.rydelakecamp.com](http://www.rydelakecamp.com)

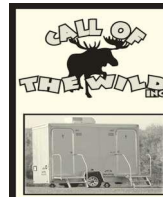


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GRAVENHURST IN SPRING 2020**



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[www.TerrySellsMuskoka.com](http://www.TerrySellsMuskoka.com)



**JOIN CURLING**

**705-687-5531**

[Gravenhurstcurlingclub.com](http://Gravenhurstcurlingclub.com)

### **BARKWAY FARMS**

David & Tracy Pegg  
1043 Hopkins Road  
Gravenhurst, ON  
705-715-1500

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