

Ryde Community Co-operative Inc.
1624 Barkway Road, Gravenhurst

The Place to Be!

Membership Renewal Time!

All members who have paid their 2018 dues by midnight, March 10 will be entered into a draw to win a fabulous prize: Breakfast for four at the Summerland Store!

A win-win for everyone, as your membership entitles you to:

- ownership in the Co-op
- discounts on workshops and events
- a vote at our Annual General Meeting and other members' meetings
- knowing that you are supporting our Community Hub!

Good Bye to Amy The Board of Directors is very sorry to say good-bye to our Secretary, Amy Heighington, who is leaving to pursue other interests. Amy performed many valuable activities during her four years on the Board, including serving on the Fund Raising Committee, publishing the Ryder newsletter, and maintaining our MailChimp, Facebook and website accounts. We will miss her very much.

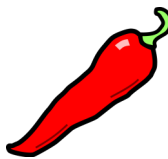


Preschooler's Playgroup at the Co-op-Tuesday, March 6 from 10:00 am to 11:30 am Bring your pre-schoolers for a social gathering including play, music, stories and a snack!

Pilates (kids are welcome) **Wednesday, March 14 @10:30** with Hillarie Tucker \$8 for Members / \$10 for Non-Members and \$5 for kids under 16

Chili Cook-off - Saturday, March 10 at 5:30

The famous cook-off returns in a slightly different format. Prepare your favourite Chili recipe to enter into our famous contest and win some great prizes! We will be charging \$10 per adult at the door to cover beverages, salad and overhead, but only \$5 if you bring a Chili. Children under 12 will be admitted free. Please note that this is a members only event, but memberships are available at the door. Please bring your own dishes and cutlery. To help us prepare tables, please register by calling Judy at 705-687-2406.



Sap Collection with The Break Family March ?

In the coming weeks, check out the Ryde Facebook page or email rebecca.hickey@rydecoop.ca to be kept in the loop of the date and time when you can join in the Break Family Sap Collection. The sap needs to be flowing so we can't predict a day this far in advance.

Pancake Breakfast and Easter Egg Hunt- Saturday, March 31 at 10:30 am.



A new event for families! This Pancake Breakfast is Sponsored by Terry's Your Independent Grocer. Pancakes, sausages and drinks. \$5 for Members, \$8 for Non-Members & free for kids under 16. Kids Easter Egg Hunt @ 11:30.

Foot Care Cafe- Wednesday, March 28-9:00-12:30

Thanks to a grant from Shopper's Drug Mart, we are able to offer Foot Care and Blood Pressure Cafes at a reduced rate of \$20. Registration is very limited. Two important services are delivered by qualified nurses Katherine Skelding and Nancy Cronin. Enjoy a hot beverage, snack and social visit as well. Call Nancy to book. As a bonus, you can join the free SMART exercise class at 9:30!

Upcoming Events

Board Meeting- TBD for March. Everyone is welcome

WISE Clubhouse- Friday, April 6-Free Lunch!

NIA Classes-Tuesday mornings at 10:00 am beginning April 3. -Sign up on Monday, March 5 by calling 705-645-2100 ext 199

Diabetes Clinic and Wellness Workshop-Wednesday, April 18 from 9 am until 1 pm. The Wellness Workshop, including a free lunch, is available for all adults. To register for either or both activities, please call the Orillia Soldiers' Memorial Hospital Diabetes Centre at 705-325-7611 ext. 703

Sustainability Workshops:-Earth Day, Sunday, April 22- **Queen Elizabeth 2 Wildlands Park** - Ontario Parks Staff will present a fascinating view of the history, wildlife and possibilities available in the second largest Provincial Park south of Algonquin; right in our own backyard! Cost for this program only is \$5 for members and \$15 for non-members. Sunday, April 29-**Advanced Digital Photography** - Fred Schulz returns with a follow up to his previous workshop. This workshop will appeal to those who are ready to "step up their game". \$15 for members, and \$25 for non-members

Community Notices

- **Summerland General Store** - The next **Fresh Food Basket** will be delivered Thursday, March 15. Please have your \$20 delivered to the Summerland General Store by Tuesday, March 6 at 9:30. Thanks to Carrie and Ron for their ongoing support of this program!
- **Holy Manger Anglican Church**
Winter church services are the first Sunday of the month at 1pm.
- **Ryde Centennial Free Methodist Church**
Worship service Sundays at 11am.



WISE Senior's Clubhouse-Friday, March 2
Come on out at 12:30 and enjoy friendship and learning and a delicious meal. This month's program features a Tax Credit Education Session with David Kindy of the Investors Group.

The theme is Dr. Seuss!. This wonderful free program is brought to us by the District of Muskoka's Seniors Programs department. For more information please call Nancy Gosse at 705-645-2100.

Come and move your way to fitness with World Beat!! - Mondays at 5:00
Nancy Knapp is offering dance and choreography as part of your fitness program. Steps can be modified as needed; move at your own pace. This class will be a gentle introduction to the steps and routines with verbal cues. If it looks like fun, it is!! Nancy is trained in Zumba and choreography based fitness programs. Classes will be Monday evenings at 5pm. Classes are \$2 each. For more info please email Nancy at endlessgifts@gmail.com

Aging Artfully - Wednesday, March 21 -10:00 am-Noon
YWCA Muskoka and a grant from the provincial government bring this great free program to the Ryde Co-op! This is the final program in the series and features a class in Wet Felting. Please note that the VON SMART Class will be at 9 o'clock this day only. Lunch is included. Registration is limited. Please call Krishma Goraya at 705-645-9827 or register online at goo.gl/XGwDBF.

Thank You

- To all of our volunteer instructors: Jan, Nancy K., Nancy C., Barb, and Sharon
- To Gravenhurst Bakery for the donation of yummy donuts, Beechgrove Public School and the Town of Gravenhurst for the loan of equipment for our Snow-shoeing Day. Thanks to Willa Cooper and Bruce and Jean

- Stephenson for permission to use their trails.
- To Lois Parke for generous donation to the Co-op in memory of Bert.
 - To Cliff and Bill Fitchett for emergency help at the Co-op!
 - To Bracebridge Home Depot for lending the Co-op kids' sized hammers for our kids Valentine's Craft evening.



Board of Directors Contact List 2018

Judy Campbell President	705-687-2406	judy.campbell@rydecoop.ca
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Anne Myshok Treasurer	705-687-2911	anne.myshok@rydecoop.ca
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Nancy Cronin Director	705-323-4021	nancy.cronin@rydecoop.ca
Rebecca Hickey Director		rebecca.hickey@rydecoop.ca

Friends of Ryde

Great Moose Adventures & Yoga North
705-687-3903
www.greatmooseadventures.com

 **Ryde Centennial Free Methodist Church**
(705) 687-3005

Gravenhurst Curling Club
705-687-5531

 **Don Wilton**
• SEPTIC PUMPING
• PORTABLE RENTALS
1-877-646-5756
calloithewildsanitation.ca

 **Gravenhurst KOA**
(705) 687-2333

North Base Enterprises
Foundations & Masonry
Greg Keeling 705-801-5326

 **Terry Pilger - Sales Representative**
(705) 644-1195
North Country Realty Inc.

 **Ryde Lake Camp**
705-687-2912
office@rydelakecamp.com
www.rydelakecamp.com

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Muskoka, ON



 **Baby Sign Language**
Arleigh Luckett
705-687-1496

Mark Dulmage
 705-345 6789
1-800-840-4246 

 **Summerland General**
705-687-7776
Ron Post & Carrie Marriot

Darts, Horseshoes?

Thanks to a generous donation of two dart boards from Gravenhurst Canadian Tire, we are equipped for fun games and tournaments. We just need a volunteer to organize activities. Call or email us if interested!