

May 2018

The Place to Be!

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Great News for the Ryde Co-op!



The Co-op has been awarded an Ontario Trillium Foundation Capital Grant of \$32,100 to replace our failing windows! This will make a tremendous improvement in our building and lower our heating and cooling expenses. We will be closing the building at the end of June to complete this and other capital work.

Goodbye and Thank You to Diane Duffy

Diane has decided to step down from her position as bookkeeper with our Board. We will very much miss her expertise with our finances. Diane performed the vital tasks of tracking our billing, preparing monthly reports and maintaining the books necessary for the maintenance of our Charitable status. As well, Diane ran a very successful on-line auction and served on the fundraising committee. We wish Diane all the best!

WISE Senior's Clubhouse - Friday, May 4 - 12:30-2 pm Come on out and enjoy friendship, learning and a delicious meal. This month's program features Craig Denstedt from Tea Infusion! The theme is the Great Outdoors. This wonderful free program is brought to us by the District of Muskoka's Seniors' Programs department. For more information please call Katelynn at 705-645-2100. Ext. 199

Garage and Bake Sale - Saturday, May 5 - 7 am to Noon

The event you've been waiting for; set your alarm clock for the best in home-baked goodies and cast-off treasure! Please bring donations to the Ryde Co-op on Friday, May 4 after 2:30 pm. Please no clothing or large pieces of furniture. The Bake Table is a very popular attraction at this event. Please consider baking for us!



Terence Haight Award- Thanks to the Town of Gravenhurst, we will be able to replace our ancient water pump and install an automatic shut off valve. We were awarded a grant of \$680 from the Terence Haight Fund!

Preschooler's Playgroup at the Co-op - Friday, May 11 from 10:00 am to 11:30 am.

Bring your preschoolers for a social gathering including play, music, and stories. A healthy, nut-free snack is provided. For more information contact rebecca.hickey@rydecoop.ca



Upcoming and On-going Events

Tai Chi - Thursdays at 10:30
VON SMART exercise class - Monday and Wednesdays at 9:30 -free for seniors.
Bid Euchre - Wednesdays from 1 to 3:30
NIA Class - Tuesday mornings at 10
World Beat - Monday, May 7 and 14 at 5:00 \$2. Classes will resume in the Fall.
Board Meeting - Monday, May 14. Everyone is welcome.
Picnic & Outdoor Fun - Sunday, May 27 noon - 3:00.
WISE Clubhouse - Friday, June 1 at ??:00 am -Free Lunch!
Annual General Meeting and Plant Sale - Saturday, June 2 at 10:00 am
Provincial Election - Thursday, June 7 Ryde Co-op will be a polling station.
Ryde Wilderness Explorers - Saturday, June 9 at 1:00 pm
Heritage Day - Saturday, August 18 Noon-4
Ryde Co-op closed for renovations June 16 to July 13.



Community Notices

Summerland General Store -

Please have your \$20 delivered to the Summerland General Store by Tuesday, May 8 at 9:30. The next Fresh Food Basket will be delivered Thursday, May 17.

Thanks to Carrie and Ron for their ongoing support of this program!

Holy Manger Anglican Church Church services Sunday, May 6 and Sunday, May 20 at 1 pm.

Ryde Centennial Free Methodist Church

Worship service Sundays at 11 am.

Ryde Knitters and Hookers - Charity Knitting Project The last regular meeting will be held on June 15, when a presentation will be made to the Great Beginnings program. Thanks to a grant from Canada Post, the Ryde Knitters have lovingly crafted donations for this worthy group. Come on out to the Summerland Store between 10 and noon and be part of the celebration! The Ryde Knitters and Hookers will start up again in the Fall if there is sufficient interest.

Foot Care Cafe - Wednesday, May 16-9:00-12:30

Thanks to a grant from Shoppers Drug Mart, we are able to offer Foot Care and Blood Pressure Cafes at a reduced rate of \$20. Registration is very limited. Come and have two important services delivered by qualified nurses Katherine Skelding and Nancy Cronin, and enjoy a hot beverage, snack and social visit as well. As a bonus, you can join the free SMART exercise class at 9:30! **Please note** that the \$20 subsidized fee applies only to visits booked at the Co-op.; home visits will be subject to full fees. To book an appointment please call Nancy at 705-323-4021

Ryde Wilderness Explorers - Saturday, May 12 at 1:00 pm- Join Ontario Parks staff as we venture together into Queen Elizabeth 2 Wildlands Park. We will meet at the Co-op at 1:00 for a talk on Park ecology, then car-pool to an accessible entry point. After a hike (approximately one hour) we will return to the Co-op for a snack. Admission by donation.

Spring Salad Supper- Saturday, May 26 at 5:30 pm

Tickets will be available for \$10 at the Summerland Store. Take a break from the black flies and join us for a nutritious but delicious dinner! A variety of salads and cold cuts will be offered. Children under 12 eat free.



Hello Spring! Picnic & Outdoor Play - Sunday, May 27 noon - 3. Bring your own lunch for an outdoor picnic and then it's time to enjoy the Co-op's outdoor space with friends. We will have outdoor sports gear, chalk, bubbles and much more.

Diabetes Clinic and Wellness Program - Wednesday, May 30. This is a great morning of Health and Wellness and it is all provided free! You can join us for the SMART exercise class at 9:00 (today only) and then stay for a lunch that we will prepare together. Susan Haller from the Huntsville Nurse Practitioner Clinic will present a program on Healthy Living. As well, those who have diabetic related health issues can sign up for a one on one appointment with a Nurse and Dietician from Orillia Soldiers' Memorial Hospital. Call to book: 705-325-7611 ext. 70

Thank You!

- To all 87 people who came out to enjoy the pancake breakfast and egg hunt in the Co-op's backyard! What a great morning!!! Again, thanks to all of the volunteers, including Anne & Andrew, Rod & Nancy, Janet, Rebecca and to Terry's Your Independent Grocer.
- To our Bid Euchre players who continue to support the Co-op!



Gravenhurst KOA
(705) 687-2333

Board of Directors

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**Summerland
General**

705•687•7776

Ron Post & Carrie Marriot

Come out to the AMG on Saturday, June 2 at 10:00 am and hear what's happened this past year and what's planned for the year ahead. It's your Co-op! We are looking for donations of plants for our plant sale that morning.