

The Place to Be!

[www.rydecommunityco-op.com](http://www.rydecommunityco-op.com) [www.facebook.com/rydecoop](https://www.facebook.com/rydecoop) @rydecoop

We are excited to offer three new free programs at the Co-op in September! Join us for Pole Walking, Handbell Choir and the EarlyON program. The District of Muskoka and our own volunteers are making it happen. Thanks to everyone involved!

As well, we have a new date and time for the WISE Clubhouse, our free Meet the Needs Senior's Fair, the Garage Sale, Bake Sale and Bottle Drive, and a hike into QEII Wildlands Park with Ontario Parks.

Hang on to your hats! The Ryde Co-op is taking off!

**All Candidates' Meeting - Wednesday, September 19 from 6:30 to 8:00 pm at the Co-op - Your chance to hear from the future councilors of Gravenhurst.**

**RYDE WILDERNESS EXPLORERS**

**SATURDAY, SEPTEMBER 8**  
**1 - 3 PM**

Ryde Community Co-op  
1624 Barkway Rd.



Join us for a two hour hike into Queen Elizabeth II Wildlands Park. All Ages welcome.

Register by emailing  
[Judy.Campbell@rydecoop.ca](mailto:Judy.Campbell@rydecoop.ca)



OACAO  
The Voice of Older Adult Centres  
LA VOIX DES CENTRES POUR ADULTES

RYDE COMMUNITY CO-OP'S  
SIXTH ANNUAL

**MEET THE NEEDS SENIORS' FAIR**

**Tuesday, September 18**  
**10AM-2PM**  
Free Lunch/Door Prizes  
1624 Barkway Rd.



Free bus from Gravenhurst Women's Centre  
Pick up at 10:30 am. returning at 2:00 pm.  
This event is hosted by Ryde Community Co-op in partnership with the Older Adult Centres' Association of Ontario (OACAO) and sponsored by the Ministry for Seniors and Accessibility

GUEST SPEAKERS/DISPLAYS/GOODY BAGS

**Upcoming and Ongoing Events**

**Tai Chi - Thursdays at 10:30**

**VON SMART exercise class -Monday and Wednesdays at 9:30 - free for seniors. No class on Labour Day or Thanksgiving.**

**Bid Euchre-Wednesdays from 1 to 3:30**

**Building Committee Meeting -Tuesday September 11 at 5 pm at the Co-op**

**Board Meeting - Tuesday, September 18 at 5 pm at the Co-op. Everyone is welcome. Bring a bagged dinner.**

**WISE Clubhouse - Next Clubhouse on Tuesday, October 2 from 9:30-12:30.**

**Ryde Wilderness Explorers - Saturday, October 13 at 1:00 pm**

**Acrylic Workshop Tuesday, October 30 - 1:30 to 3:30 with Nancy Hunter -free for 55+. Call 705-645-2100 Ext. 199 to register.**



Fall is in the air. Cooler temperatures, warm fall colours, delicious aromas of apples, pumpkin and comfort food. Plan now to stretch that memory into November and the Ryde into Winter dinner coming up on Saturday, November 17! The money raised is designated for much needed projects at the Co-op, including the new roof. New siding for the building and construction of picnic tables and a gazebo are just a few of the plans on the horizon - projects that will make the Co-op an even more enjoyable place to connect our community.

**EarlyON**

Child and Family Centre



EarlyON programs offer free, drop-in play-based programs. EarlyON Centres provide safe, welcoming environments to all families and caregivers with young children 0–6 years of age.

EarlyON Centres are places where questions get answers, anxiety turns into peace of mind and a sense of solitude turns into a spirit of community.

Please, drop-in and join us!

**RYDE COMMUNITY CO-OP**

We are excited to be hosting an EarlyON program on the second Friday of each month from 9:30–12:30.

Keep up to date on what is happening at <https://www.facebook.com/EarlyONMuskoka/>



**Other weekly free drop-in programs:**

Gravenhurst YMCA:  
Monday 9:30–1:30 Est. Learn Grow free lunch 11:30  
Tuesday 9:30–1:30, Ready for JK 1:00–1:45  
Wednesday 10:00–12:00 Baby Talk only  
Thursday 9:30–1:30 plus Dinner Delights 5:00–7:00 p.m.

Get your dinner ticket beginning on October 1.

**The Ryde Co-op and the Gala Dinner Committee are very grateful to TransCanada Corporation for their generous donation of \$1,000.**

**The Early Years Program comes to Ryde on Friday, September 14!**

Join us from 9:30 to 12:30



WE'RE HAVING A

**GARAGE SALE, BAKE SALE AND BOTTLE DRIVE!**

AT THE RYDE COMMUNITY CO-OP  
**SATURDAY, SEPTEMBER 22**  
**7 AM-NOON**  
**1624 BARKWAY RD**

Please bring donations to the Co-op Friday, Sept. 21

Community Notices

**Summerland General Store -**

Late-breaking news: Congratulations to Carrie and Ron on the sale of the store, and a huge thank you for all your years of friendship and service. We welcome the new owners. Please check in with them to see what is happening with the Fresh Food Basket program.

**Holy Manger Anglican Church**

Church services Sunday, September 2 and Sunday, September 16 at 1 pm.

**Ryde Centennial Free Methodist Church**

Worship service Sundays at 11 am.



**Our Heritage Day was a huge success due to the hard work and support of many friends!**

Thanks to the **Committee**: Spike Barkshire, Tracy Barkshire, Janis & Wes Ryan.  
**Poster Sponsors**: Sawdust City, Barkway Farms, Cruise Auto Sales, Mr. Sub, Kubota North, Terry Pilger, Prop-Doc, AAAA Sanitation, Frank Cooper Construction, Frosty Pint Pub and Hammond's.  
**In-kind Donors**: Muskoka Springs, Sobey's, Giant Tiger, Home Hardware, Home Building Centre, Wayne's Tire, Muskoka Signs, Town of Gravenhurst, Gravenhurst Fire Department, Gravenhurst Public Library, START Turtle Display, Muskoka Sea Fleas, First Choice Haircutters, and Gravenhurst Bakery.  
**Volunteers, Bakers and Neighbours**: For fear of omitting someone: a warm and sincere thanks to all of you!



**W.I.S.E. CLUBHOUSE**  
Wellness Initiatives for Seniors Engaged

Ryde Community Co-op  
1624 Barkway Road, Gravenhurst

**Tuesday, September 4, 2018 at 10:00 am**

Gary Denniss on Muskoka History  
Clubhouse theme: School Days  
Please RSVP one week in advance  
\*Topics and themes are subject to change

**Free! Anyone 55+ Welcome**  
RSVP 705-645-2100 ext. 199  
[www.seniorsinmuskoka.ca](http://www.seniorsinmuskoka.ca)



**Urban Pole Walking Group**

Did you know that Urban poling...  
~exercises 90% of your muscles  
~reduces stress on lower joints  
~burns up to 47% more calories over walking without poles  
~is fun!

Learn how to properly use urban walking poles while making new friends and participating in an excellent work out. Poles will be lent to participants for the duration of each session.

Fridays from 10:00 – 11:00 a.m.  
September 7 – November 8, 2018  
Ryde Community Co-op  
1624 Barkway Road, Gravenhurst

**All older adults are welcome to attend this free event. Please contact 705-645-2100, ext. 199 to register.**  
[www.seniorsinmuskoka.ca](http://www.seniorsinmuskoka.ca)

**Ryde Community Co-op**

**FOOT CARE CAFE**

**Wednesday, September 12**  
**9:00 am to 12:30**

**1624 Barkway Rd.**  
**\$20**  
**For appointment call Nancy**  
**at 705-323-4021**

**W.I.S.E. Workshop**  
**Handbell Choir**

Interested in sharing your musical experience with others?  
Not experienced in music but want to learn a new skill?  
Looking for a social program where you can meet new people?

If yes, the Muskoka Bell Ringers may be the program for you! Colour coded bells make learning music enjoyable and stress free. Learn to play well known songs while enjoying the company of other members. Rehearsals are 45 minutes long; begin on Thursday, September 20; and run for 11 weeks. Choose a location that works best for you!

Seyern Bridge Community Hall, 1035 Southwood Rd.; 1:00 p.m.  
Ryde Community Co-op, 1624 Barkway Rd., Gravenhurst; 2:15 p.m.  
Community Services Hub, 141 Main St., Gravenhurst; 3:30 p.m.

**Free! All Older Adults Welcome**  
Register 705-645-2100 ext. 199  
[www.seniorsinmuskoka.ca](http://www.seniorsinmuskoka.ca)



Board of Directors			
Your volunteer Board has been elected to serve you. Thank you for your trust!			
Judy Campbell	President	705-687-2406	<a href="mailto:judy.campbell@rydecoop.ca">judy.campbell@rydecoop.ca</a>
Anne Myshok	Treasurer	705-687-2911	<a href="mailto:anne.myshok@rydecoop.ca">anne.myshok@rydecoop.ca</a>
Andrew Taylor	Tech Support	705-205-5769	<a href="mailto:andrew.taylor@rydecoop.ca">andrew.taylor@rydecoop.ca</a>
Lars Kristjansen	V-President	416-881-3332	<a href="mailto:lars.kristjansen@rydecoop.ca">lars.kristjansen@rydecoop.ca</a>
Nancy Cronin	Secretary	705-323-4021	<a href="mailto:nancy.cronin@rydecoop.ca">nancy.cronin@rydecoop.ca</a>
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Sandy Dulmage	Director	705-242-7969	<a href="mailto:sandy.dulmage@rydecoop.ca">sandy.dulmage@rydecoop.ca</a>
Spike Barkshire	Director	705-718-3162	<a href="mailto:spike.barkshire@rydecoop.ca">spike.barkshire@rydecoop.ca</a>

**Friends of Ryde**

**Great Moose Adventures & Yoga North**  
705-687-3903  
[www.greatmooseadventures.com](http://www.greatmooseadventures.com)

**Ryde Centennial Free Methodist Church**  
(705) 687-3005

**JOIN CURLING**  
705-687-5531  
[Gravenhurstcurlingclub.com](http://Gravenhurstcurlingclub.com)

**Don Wilton**  
• SEPTIC PUMPING  
• PORTABLE RENTALS  
1-877-646-3756  
[calloithewildsanitation.ca](http://calloithewildsanitation.ca)

**Gravenhurst KOA**  
(705) 687-2333

**North Base Enterprises**  
Foundations & Masonry  
Greg Keeling 705•801•5326

**Terry Pilger C.S.P.**  
Sales Representative  
405 Muskoka Rd S., Unit B  
Gravenhurst, ON P1P 1J8  
Direct: 705 • 644 • 1195  
[tpilger@remax-muskoka.com](mailto:tpilger@remax-muskoka.com)  
[www.TerrySellsMuskoka.com](http://www.TerrySellsMuskoka.com)

**Ryde Lake Camp**  
705-687-2912  
[office@rydelakecamp.com](mailto:office@rydelakecamp.com)  
[www.rydelakecamp.com](http://www.rydelakecamp.com)

**Gravenhurst Home Hardware**

**Kubota North**  
Your Muskoka, Parry Sound & Haliburton Dealer  
[www.KubotaNorth.com](http://www.KubotaNorth.com)  
Ph: 705-645-1175  
Find Us Under The Silo  
1677 Winhara Rd.  
Gravenhurst  
Muskoka, ON

**Baby Sign Language**  
Arleigh Luckett  
705-687-1496

**Mark Dulmage**  
**RE/MAX** 705-345 6789  
1-800-840-4246

**Summerland General**  
705•687•7776  
Ron Post & Carrie Marriot