



Tim Horton's SMILE Cookie Campaign - From September 16 to 22 the \$1 price of every SMILE cookie sold at the two Gravenhurst Tim's locations will go to the Ryde Co-op! Order forms are available at the Co-op and at Summerland General Store. Please support this amazing fundraiser! A huge thank you to Gravenhurst Tim Horton's for their support!

Thank you to Our Heritage Day Sponsors and our Wonderful Volunteers!

We couldn't have done it without you! At the risk of omitting someone, here is a list of the people and sponsors who made it happen: Spike Barkshire, Dale Brody, Judy and Doug Campbell, Nancy and Rod Cronin, Sheila and John Dove, Matt Dove, Beckie Fitchett, Gord and Shelly Haugh, John and Lynda Havenaar, Rebecca Hickey, Bonnie Johnston, Evelyn Ketching, Marc Mantha, Janet Merkley, Sharon and Gerrard Newman, Tracey and Dave Pegg, Liz and Ron Roberts, Brian Robinson, Janis and Wes Ryan, Carol and Mike Wagg, Sue Ward, Tim Richards, Willa Cooper and family, all of our bakers, The Town of Gravenhurst, Sobeys Gravenhurst, Dollarama, Wayne's Tires, Scotia Bank, Royal Bank, Master Movers, Prop Doc, Mark Dulmage ReMax, Terry Pilger ReMax, North Base Enterprises, Barkway Farms, AAAA Sanitation, Frank Cooper Construction, Ryan Hickey Construction, Summerland Store. Also thanks to all of the display providers!

Together we made \$2754.29 for the Co-op!

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Ryde Community Co-op

Ontario

RYDE COMMUNITY CO-OP'S
SEVENTH ANNUAL

HEALTH AND
WELLNESS SENIORS'
FAIR

Friday, September 20
10 AM-2 PM
Free Lunch/Door Prizes
1624 Barkway Rd.

Free bus from Gravenhurst Women's Centre
Pick up at 10:00 am. returning at 2:00 pm.
This event is hosted by Ryde Community Co-op in
partnership with
the Older Adult Centres' Association of Ontario (OACAO)
and sponsored by the Ministry for Seniors and Accessibility

GUEST SPEAKERS/DISPLAYS/GOODY BAGS

FREE Family Pizza and Games Night

Thursday, September 26th from 5:30 pm to 7 pm.

Spend some quality time playing Board Games and making Lego creations with family and friends. Delicious pizza from the Summerland Store will be served for dinner. This program is made possible by a generous donation from Muskoka Community Foundation. Please register by emailing Rebecca.Hickey@rydecoop.ca



WISE Mobile Active Living Centre

THE DISTRICT OF MUSKOKA

Free Event
Ages 55+
Welcome!

Community Connect

Seniors Programs and Services

Topic: Documentary—Painted Land: In Search of the Group of Seven

When: Tuesday, September 3, 2019
10:00 a.m. - 12:00 p.m.

Where: Ryde Community Co-op
1624 Barkway Road
Gravenhurst

RSVP: (705) 645-2100 ext. 4199
Learn more: www.muskoka.on.ca/seniorsprograms

WISE Mobile Active Living Centre

THE DISTRICT OF MUSKOKA

Free Event
Ages 55+
Welcome!

Urban Pole Walking Group

Seniors Programs and Services

Join a walking club and make new friends while participating in an excellent workout. Poles are lent to participants and all levels welcome.

When: Friday, Sept. 6 - Friday, Nov. 8 2019
9:30 a.m. - 10:30 a.m.
Weekly Program

Where: Ryde Community Co-op
1624 Barkway Road
Gravenhurst

RSVP: (705) 645-2100 ext. 4199
Learn more: www.muskoka.on.ca/seniorsprograms

RYDE WILDERNESS
EXPLORERS

Ryde Community Co-op

ONTARIO
PARKS

SATURDAY, SEPTEMBER 14
1 - 3 PM
1624 Barkway Rd.

Hike into QEI Wildlands Provincial
Park from the Co-op
All ages welcome
Register by emailing
Judy.Campbell@rydecoop.ca

Community Notices:

Summerland General Store -Convenience Store now open on Tuesdays from 9 to 3.
Holy Manger Anglican Church Barkway Services: Sunday, September 8 and 15 at 1:00 p.m.
Ryde Centennial Free Methodist Church Worship Services Sundays at 11 am.

Done Right Property Services - (705) 687-3532

Nia returns to the Ryde Co-op!

This popular dance-based program offers a gentle but fun and effective workout. Paula McIsaac will be back beginning Wednesday, September 18 at 1:30 and continuing for 10 weeks. Cost is \$70 for members and \$85 for non-members. Drop-in price is \$12 per class.

Pilates

Mondays, September 9, 16, 23 and 30 at 7:00
\$12 for Members & \$15 for Non-Members.
Register by emailing
rebecca.hickey@rydecoop.ca

YOGA with Desarae Doolittle

Tuesdays, September 10 and 24 at 7:00
\$12 for Members & \$15 for Non-Members.
Register by emailing
rebecca.hickey@rydecoop.ca

KIDS YOGA with Becki Dickie

Thursday, September 19
6:00 pm
\$5 per child Ages 5-9
Parents are welcome to participate with their children
Register by emailing
rebecca.hickey@rydecoop.ca



WE'RE HAVING A

GARAGE SALE AND BOTTLE DRIVE!

AT THE RYDE COMMUNITY CO-OP

SATURDAY, SEPTEMBER 28

7 AM-NOON

1624 BARKWAY RD.

Please bring donations to the Co-op
Friday, September 27 after 1 p.m.

EarlyON- for children up to 6 and their caregivers at the Co-op **Great News!** The EarlyOn program will run every Friday from 9:30 to 12:30.

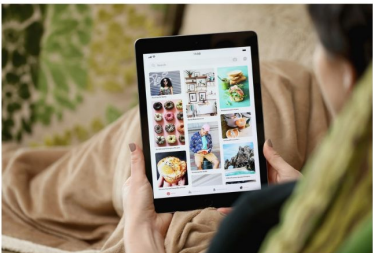


Gravenhurst Public Library and Ryde Community Co-op Present:

Pinterest

Thursday, September 12, 2019 at 9 am

Explore the world of Pinterest.
Find new inspiration, including recipes, design ideas, workouts, fashion, and more!



Ryde Lake Camp

705-687-2912

office@rydelakecamp.com

www.rydelakecamp.com

Board of Directors

The Ryde Co-op is a charity that seeks to remove barriers to full inclusion. If you or your family find the fee for any of our programs to be out of reach, please speak in confidence to any Board member.

Nancy Cronin	President	705-323-4021
Marc Mantha	V-President	416-272-6293
Anne Myshok	Treasurer	705-687-2911
Andrew Taylor	Tech Support	705-205-5769
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Rebecca Hickey	Director	
Judy Campbell	Secretary	705-687-2406

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Friends of Ryde

Great Moose Adventures



& Yoga North

705-687-3903

www.greatmooseadventures.com



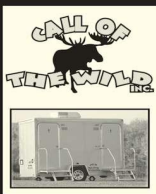
Ryde Centennial Free
Methodist Church
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Ryde Lake Camp

705-687-2912

office@rydelakecamp.com

www.rydelakecamp.com

G R A V E N H U R S T



Home hardware

BARKWAY FARMS

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Baby Sign Language

Arleigh Luckett

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#summerlandgeneralstore